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KEY=1 - BRAEDON STEWART

Triple Cross Heading for Louisville for an all-expense-paid trip culminating in the Kentucky Derby, young barn manager and aspiring private detective Steve Cline takes on the job of caring for a Derby runner for his racehorse trainer father, but he soon finds himself caught up in the greedy, vengeful world of the very rich, trying to stop a murderer before it is too late. (Mystery & Detective) **Dead Man's Touch** ReadHowYouWant.com What do you do when everything you've held to be true, when your entire life, in fact, turns out to be a lie? Do you run away? Start over? Create a new truth? This is the dilemma faced by twenty-two-year-old Stephen Cline. Bruised in body and psyche from his adventures in At Risk, Steve gets another blow in Dead Man's Touch, the sudden death of his estranged father in an automobile accident. At the funeral, Steve's disgruntled older brother calls him a bastard - and means it. Literally. Steve, he reveals, is the product of an affair. Confronting his socialite mother, Steve learns that his real father is a horse trainer, Christopher J. Kessler. Curiosity gets the best of Steve, who's on leave from his job at Foxdale stables, so he heads for the Maryland track where he can find Kessler. The trainer soon notices that Steve is shadowing him and accuses Steve of working for a group of men intent on pressuring him to throw select races in a lucrative race-fixing scam. When Kessler learns that he's a father and Steve is his son, he recruits Steve to work undercover at his training barn to thwart the fix by discovering who's been doping the most promising horses. As Steve settles in, he gets caught up in the unique lifestyle inherent to the backside..... For a man recovering his health, and his courage after an earlier brush with the kind of toughs who can make a life with horses a nightmare, the backside is an inspiration. But it is not a life without peril - some men are willing to do anything to get the right horse under the wire first. Anything from threats to violence to murder. As Steve puts pressure on the bad guys, a young woman is found dead in a horse's stall, and Steve becomes the prime suspect in her murder. He must now discover the ringleader's identity to keep from being put in jail, or worse, in the ground. Kit Ehrman has worked at show barns and breeding farms in Maryland and Pennsylvania. **Cold Burn** Steve Cline, manager of the hunter/jumper show barns at Foxdale Farm, seizes the opportunity when Corey Claremont, one of Foxdale's boarders, asks him to help investigate the disappearance of her brother. **Thinking about Deterrence Enduring Questions in a Time of Rising Powers, Rogue Regimes, and Terrorism** Military Bookshop With many scholars and analysts questioning the relevance of deterrence as a valid strategic concept, this volume moves beyond Cold War nuclear deterrence to show the many ways in which deterrence is applicable to contemporary security. It examines the possibility of applying deterrence theory and practice to space, to cyberspace, and against non-state actors. It also examines the role of nuclear deterrence in the twenty-first century and reaches surprising conclusions. **Derby Rotten Scoundrels A Silver Dagger Anthology** The Overmountain Press Featuring stories by Kit Ehrman, Tamera Huber, Sandra Cerow Leonard, Elaine Munsch, Beverle Graves Myers, P. J. Robertson, Brenda Stewart, and Laura Young, this collection explores a world of danger and deceit against the backdrop of fast horses, beautiful women, and great bourbon; where Churchill Downs becomes the site of a murderous scavenger hunt, horses are threatened with West Nile Virus, and the Derby Diamond disappears from the neck of its current owner. **Shadowseer: London (Shadowseer, Book One)** Morgan Rice "This novel succeeds—right from the start.... A superior fantasy....It begins, as it should, with one protagonist's struggles and moves neatly into a wider circle...." -Midwest Book Review (re Rise of the Dragons) "Filled with non-stop action, this novel is sure to keep you on the edge of your seat from cover to cover....Rice is setting up for an amazing series to rival series such as Tamora Pierce's Song of the Lioness, with her strong female protagonist making waves in her world and building the confidence of young women in ours." -The Wanderer, A Literary Journal (re Rise of the Dragons) From #1 bestselling author Morgan Rice, a USA Today bestseller and critically-acclaimed author of the fantasy series The Sorcerer's Ring (over 3,000 five-star reviews) and the teen fantasy series The Vampire Journals (over 1,500 five-star reviews) comes a groundbreaking new series and genre, where fantasy meets mystery. SHADOWSEER: LONDON (Book One) tells the story of Kaia, 17, an orphan coming of age in the Victorian London of the 1850s. Kaia yearns to escape her horrific orphanage, to discover who her parents were, and to understand why she can sense shadows when others cannot. Yet the streets of London are as brutal as the orphanage, and for Kaia, there is no easy way out. When Kaia, arrested, faces an even worse punishment, Detective Pinsley, 45, notices a strange marking on her arm and thinks she might be the key in solving a peculiar, mysterious case. Bodies are turning up dead in London, and Pinsley wonders whether it's the work of a deranged serial killer, or of something....else. The methods of murder seem impossible, as does the murderer's ability to escape death. Kaia is given a choice: help solve the case, or be shipped off to Bedlam, the notorious insane asylum. Unlikely partners, each mistrusting the other, Kaia and Pinsley embark to scour the dark corners and cobblestone streets of 19th century London in search of clues. Yet what they find may shock and horrify even them. Dark fantasy meets mystery in SHADOWSEER, a page-turning, atmospheric thriller packed with authentic period detail, with twists and cliffhangers that will leave you on the edge of your seat. Kaia, a broken hero, will capture your heart as she struggles to claw her way up from the depths, and to solve unsolvable crimes. Fans of books such as Spellbreaker, The Dresden Files, Mortal Instruments and Dr. Jekyll and Mr. Hyde will find much to love in SHADOWSEER, satisfying fantasy fans who appreciate mystery and suspense, and mystery lovers who want something new, a clean hybrid that will appeal to both adult and young adult readers. Get ready to be transported to another world—and to fall in love with characters you will never forget. "Morgan Rice proves herself again to be an extremely talented storyteller....This would appeal to a wide range of audiences, including younger fans. It ended with an unexpected cliffhanger that leaves you shocked." -The Romance Reviews (re the paranormal series Loved) "The beginnings of something remarkable are there." -San Francisco Book Review (re the young adult fantasy A Quest of Heroes) SHADOWSEER: PARIS (Book #2), SHADOWSEER: MUNICH (Book #3), SHADOWSEER: ROME (Book #4) and SHADOWSEER: ATHENS (Book #5) are also available. **Fertile Vs. Infertile How Infections Affect Your Fertility and Your Baby's Health** Fenestra Books Dr. Attila Toth's thirty years as a practicing infertility specialist and pathologist have convinced him that the only explanation for the alarming infertility rate, so far out of proportion with natural law, is the increasing presence of contaminating bacteria in the genital tracts of both sexes. In Fertility vs. Infertility, he documents how and why this process has escalated so dramatically over the past few decades of increased sexual activity. **At Risk** ReadHowYouWant.com Dick Francis could well have written this adrenaline-charged novel set in Maryland's rich horse coun..... **CLAIMED A Dark Mafia Romance** Wind Color Press Note to self: don't fall in love with a gangster. I'm the good girl: a college student who studies hard, wants to do good, and plays by the rules. I shouldn't be falling for a guy like Darren Lee, the bad boy owner of an exclusive nightclub that, unbeknownst to me, caters to an international triad. We're absolutely wrong for each other. Maybe that's why the heat between us is so sizzling hot... But Darren's desires run dark and wicked. Should I submit to his passions? Something tells me that if I throw caution to the wind, I could be in for a world of hurt. If you enjoy mafia style romances with bad boy Doms and plenty of wicked heat, then get CLAIMED to steam up your reading today... **Library Journal The Alibi Man** Bantam She was a vision. She was a siren. She was a nightmare. She was dead. Now he needed her to disappear. And he knew just how to make it happen. The Palm Beach elite go to great lengths to protect their own—and their own no longer includes Elena Estes. Once upon a time a child of wealth and privilege, Elena turned her back on that life. Betrayed and disillusioned by those closest to her, she chose the life of an undercover cop, the hunt for justice her own personal passion. Then a tragic, haunting mistake ended her career. Now Elena exists on the fringes of her old life, training horses for a living. But a shocking event is about to draw her back into the painful vortex she's fought so hard to leave behind. First she finds the body—a young woman used, murdered, and dumped in a canal. Not just a victim, but a friend. As Elena delves into her dead friend's secret life, she discovers ties not only to the Russian mob but also to a group of powerful and wealthy Palm Beach bad boys known for giving each other alibis to cover a multitude of sins. A group that includes a man Elena once knew very well—her former fiancé, Bennett Walker, a man she knows has already escaped justice at least once in his life. Finding her friend's killer will put Elena at odds with her old life, with her new lover, and with herself. But she is determined to reveal the truth—a truth that will shock Palm Beach society to its core, and could very well get her killed. **Standard Atlas of Kalamazoo County, Michigan Including a Plat Book of the Villages, Cities and Townships of the County...patrons Directory, Reference Business Directory and Departments Devoted to General Information** Legare Street Press This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright in the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant. **Law, Science and Experts Civil and Criminal Forensics** Nearly every form of law practice requires skill in working with scientific or technical information and experts. This exciting new book brings the total civil and criminal forensics spectrum to life, based on years of curriculum development by the authors. Presenting critical information in an engaging, step-by-step manner, this book analyzes the relationship of law to science, the role of experts, laboratory tests and procedures, communication techniques, discovery strategies, ethical issues and trial practice skills. The commentary of prominent trial judges, lawyers and experts is infused throughout. Actual civil and criminal case problems optimize the learning experience for students. A DVD that presents a computer-animated version of an engineering expert's analysis and opinions is included. **RNA Nanotechnology** CRC Press In the past few decades there has been incredible growth in "bionano"-related research, which has been accompanied by numerous publications in this field. Although various compilations address topics related to deoxyribonucleic acid (DNA) and protein, there are few books that focus on determining the structure of ribonucleic acid (RNA) and using RNA as building blocks to construct nanoarchitectures for biomedical and healthcare applications. RNA Nanotechnology is a comprehensive volume that details both the traditional approaches and the latest developments in the field of RNA-related technology. This book targets a wide audience: a broad introduction provides a solid academic background for students, researchers, and scientists who are unfamiliar with the subject, while the in-depth descriptions and discussions are useful for advanced professionals. The book opens with reviews on the basic aspects of RNA biology, computational approaches for predicting RNA structures, and traditional and emerging experimental approaches for probing RNA structures. This section is followed by explorations of the latest research and discoveries in RNA nanotechnology, including the design and construction of RNA-based nanostructures. The final segment of the book includes descriptions and discussions of the potential biological and therapeutic applications of small RNA molecules, such as small/short interfering RNAs (siRNAs), microRNAs (miRNAs), RNA aptamers, and ribozymes. **Command Decisions CLAIMED DARKER A Dark Mafia Romance** Em Brown No more limits. No more safe words. No more nice guy. I'm done with her. I'm sticking with simpler women. Women who don't overthink things, who don't challenge my lack of morals, and who sure as hell don't dare to pull a disappearing act on me. But before I leave her to her fate, I'm going to make the most of what's mine. I'm going to use her body till she can't move a limb. I'm going to blow past her limits, even the hard ones, because limits—and safe words—are about respect and trust. And she broke both those when she skipped town with my son. If you're looking to go dark and steamy, you'll want to grab Em Brown's CLAIMED DARKER, the sizzling and wicked hot conclusion to a dangerous love. **Twelve Years a Slave** Prabhat Prakashan "Having been born a freeman, and for more than thirty years enjoyed the blessings of liberty in a free State—and having at the end of that time been kidnapped and sold into Slavery, where I remained, until happily rescued in the month of January, 1853, after a bondage of twelve years—it has been suggested that an account of my life and fortunes would not be uninteresting to the public." -an excerpt **Drosophila A Guide to Species Identification and Use** Elsevier Anyone wishing to tap the research potential of the hundreds of Drosophila species in addition to D.melanogaster will finally have a single comprehensive resource for identifying, rearing and using this diverse group of insects. This is the only group of higher eukaryotes for which the genomes of 12 species have been sequenced. The fruitfly Drosophila melanogaster continues to be one of the greatest sources of information regarding the principles of heredity that apply to all animals, including humans. In reality, however, over a thousand different species of Drosophila exist, each with the potential to make their own unique contributions to the rapidly changing fields of genetics and evolution. This book, by providing basic information on how to identify and breed these other fruitflies, will allow investigators to take advantage, on a large scale, of the valuable qualities of these other Drosophila species and their newly developed genomic resources to address critical scientific questions. * Provides easy to use keys and illustrations to identify different Drosophila species * A guide to the life history differences of hundreds of species * Worldwide distribution maps of hundreds of species * Complete recipes for different Drosophila diets * Offers an analysis on how to account for species differences in designing and conducting experiments * Presents useful ideas of how to collect the many different Drosophila species in the wild **Lifestyle Medicine A Manual for Clinical Practice** Springer Lifestyle - the manner in which people live - is fundamental to health, wellness, and prevention of disease. It follows that attention

to lifestyle is critically important to effective and successful health care. But here's the challenge: health care professionals receive very little, if any, formal training about lifestyle counseling and therefore are ill equipped to incorporate lifestyle issues into clinical practice. In response, "Lifestyle Medicine" is evolving as a means to fill this knowledge gap. Lifestyle medicine approaches health and wellness by harnessing the power of lifestyle-related behaviors and influencing the environment we live in. It is a formal approach that promises to enhance and strengthen a re-invigorated health care system that is still outpaced by the epidemic proportions and complexity of chronic diseases like obesity, diabetes, depression, hypertension, and cancer, among others. Lifestyle Medicine: A Manual for Clinical Practice presents this formal approach in a pragmatic context. This unique and practical manual provides clear and succinct guidance on nearly all aspects of lifestyle medicine. The approach is both explanatory and pragmatic, providing case studies and bulleted translation of academic information into clinical practice recommendations. There is an emphasis on scientific evidence wherever possible as well as opinions by the expert chapter authors who practice lifestyle medicine. There is a "how-to" rationality to the book, consistent with a premise that any and all health care professionals should, and perhaps must, incorporate lifestyle medicine. A valuable checklist is included at the close of the book that summarizes key points and provides a practical tool for routine patient encounters. **Pediatric Gastroenterology** Elsevier Health Sciences This volume offers expert guidance in the assessment and treatment of gastroenterological disorders commonly encountered in clinical practice. It delivers all the information you need in the proven high-yield Requisites format - equipping you to master the material quickly. **CLAIMED HARDER A Dark Mafia Romance** Wind Color Press Don't fall in love with a gangster. And don't have his baby. Of course, I didn't know that Darren Lee was part of an international triad until it was too late. All I knew was that my body couldn't resist his touch. Even when what he does to me scares me, I burn for him. And he knows it. He's on a mission to push my limits, but how much can I take? A baby changes everything. I can't have mine growing up with a gangster for a father. I've got to keep my son a secret and hope I can survive my submission... If you enjoy mafia style romances with bad boy Doms and plenty of wicked heat, then get CLAIMED HARDER to steam up your reading today! **Warning Miracle** Lulu.com **Index; 1904** Legare Street Press This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant. **The Rise of the Early Christian Intellectual** Walter de Gruyter GmbH & Co KG The study of the growth of early Christian intellectual life is of perennial interest to scholars. This volume advances discussion by exploring ways in which Christian writers in the second century did not so much draw on Hellenistic intellectual traditions and models, as they were inevitably embedded in those traditions. The volume contains papers from a seminar in Rome in 2016 that explored the nature and activity of the emergent Christian intellectual between the late first century and the early third century. The papers show that Hellenistic scholarly cultures were the milieu within which Christian modes of thinking developed. At the same time the essays show how Christian thinkers made use of the cultures of which they were part in distinctive ways, adapting existing traditions because of Christian beliefs and needs. The figures studied include Papias from the early part of the second-century, Tatian, Irenaeus, and Clement of Alexandria from the later second century. One paper on Eusebius of Caesarea explores the Christian adaptation of Hellenistic scholarly methods of commentary. Christian figures are studied in the light of debates within Classics and Jewish studies. **Geriatric Emergency Medicine** Springer This book discusses all important aspects of emergency medicine in older people, identifying the particular care needs of this population, which all too often remain unmet. The up-to-date and in-depth coverage will assist emergency physicians in identifying patients at risk for adverse outcomes, in conducting appropriate assessment and in providing timely and adequate care. Particular attention is paid to the common pitfalls in emergency management and means of avoiding them. Between 1980 and 2013, the number of older patients in emergency departments worldwide doubled. Compared with younger patients, older people suffer from more comorbidities, a higher mortality rate, require more complex assessment and diagnostic testing, and tend to stay longer in the emergency department. This book, written by internationally recognized experts in emergency medicine and geriatrics, not only presents the state of the art in the care of this population but also underlines the increasing need for adequate training and development in the field. **Pennsylvania Archives 6th ser Masters Theses in the Pure and Applied Sciences Slay Ride A classic racing mystery from the king of crime** Canelo Dick Francis takes you into the thrilling world of horse racing with this gripping tale about the illusion of film and the reality of murder. Champion jockey Robert Sherman has disappeared right before his wife was about to give birth. And right before he was sure to win the National. A coincidence? British investigator David Cleveland doesn't think so. He's convinced someone made Sherman disappear, but with every answer David gets, the body count rises. And if he isn't careful, the next body might just be his own... Praise for Dick Francis 'Dick Francis is a wonder' Cleveland Plain Dealer 'Few things are more convincing than Dick Francis at a full gallop' Chicago Tribune 'Francis captures our attention and holds us spellbound... all the breathless pace we have come to expect of this superb writer.' NYT Book Review 'Few match Francis for dangerous flights of fancy and pure inventive menace' Boston Herald '[The] master of crime fiction and equine thrills' Newsday 'Each Francis novel seems to be his best.' Sunday Oklahoman 'Few writers have maintained such a high standard of excellence for as long as Dick Francis' San Diego Union-Tribune '[Francis] has the uncanny ability to turn out simply plotted yet charmingly addictive mysteries' Wall Street Journal 'Francis is a genius' Los Angeles Times 'For more than thirty years, Dick Francis has been mystery's Gibraltar, a sturdy rock in stormy straits. Nobody executes the whodunit formula better' Chicago Sun-Times 'A rare and magical talent... who never writes the same story twice' San Diego Union-Tribune **Pitch Black** Diamond's on the trail of her husband's killer when a phone call orders her to stop looking or people will die-her friends, her colleagues, anyone close to her. Unable to think straight, she decides to disappear, protecting her team as well as her sanity while she tries to heal. With her expert training in security and special ops, Diamond soon loses herself in the English countryside, tending horses and biding her time. As Ashlyn Hale, she meets Luke, a handsome local who makes her realize just how lonely she is. Yet, even in England, the dark side of life dogs Diamond's trail when the unthinkable strikes. Forced out of hiding, she races against time to save those she cares about. But is it too little, too late? ****WARNING**** If you want sweetness and light and all things bright, Diamond's not the girl for you. She's got sass and snark and she's bitchy and dark, As she does what a girl's got to do. **Coevolution of Animals and Plants Symposium V, First International Congress of Systematic and Evolutionary Biology, 1973** University of Texas Press It has long been recognized that plants and animals profoundly affect one another's characteristics during the course of evolution. However, the importance of coevolution as a dynamic process involving such diverse factors as chemical communication, population structure and dynamics, energetics, and the evolution, structure, and functioning of ecosystems has been widely recognized for a comparatively short time. Coevolution represents a point of view about the structure of nature that only began to be fully explored in the late twentieth century. The papers presented here herald its emergence as an important and promising field of biological research. Coevolution of Animals and Plants is the first book to focus on the dynamic aspects of animal-plant coevolution. It covers, as broadly as possible, all the ways in which plants interact with animals. Thus, it includes discussions of leaf-feeding animals and their impact on plant evolution as well as of predator-prey relationships involving the seeds of angiosperms. Several papers deal with the most familiar aspect of mutualistic plant-animal interactions—pollination relationships. The interactions of orchids and bees, ants and plants, and butterflies and plants are discussed. One article provides a fascinating example of more indirect relationships centered around the role of carotenoids, which are produced by plants but play a fundamental part in the visual systems of both plants and animals. Coevolution of Animals and Plants provides a general conceptual framework for studies on animal-plant interaction. The papers are written from a theoretical, rather than a speculative, standpoint, stressing patterns that can be applied in a broader sense to relationships within ecosystems. Contributors to the volume include Paul Feeny, Miriam Rothschild, Christopher Smith, Brian Hocking, Lawrence Gilbert, Calaway Dodson, Herbert Baker, Bernd Heinrich, Doyle McKey, and Gordon Frankie. **A Special Force: Origin And Development Of The Jedburgh Project In Support Of Operation Overlord** Pickle Partners Publishing This study examines the history of the Jedburgh project from the origin of the concept, through development of the Jedburgh plan, to final preparations for deployment. It includes a study of the recruitment process used to man the force and the training program undertaken to prepare the Jedburghs for their unconventional warfare (UW) mission. The Jedburgh plan provided for 100 three-man teams composed of American, British, French, Belgian, and Dutch special forces personnel. These teams operated well behind German lines, with the primary mission of coordinating the activities of the various resistance elements to ensure that their operations supported the overall Allied campaign effort. These operations, indeed the very concept of a force designed to work directly with partisans in an occupied country in support of conventional forces, remain significant because they are the doctrinal basis for our current special forces. Today's UW doctrine centers increasingly around the support of revolutionary insurgents in a low intensity conflict environment. U.S. Army Special Forces leaders must understand the different and complex nature of conducting UW with partisans in a mid to high intensity conflict, though, if they are to remain prepared to conduct these operations. The amount of lead time required to develop such a capability will probably not be available in future conflicts. **Becoming Gentlemen Women, Law School, and Institutional Change** Beacon Press "The challenge, then, is not to invent new victims or new scapegoats but to mobilize America for the future. What would it take to ensure that all of us can succeed at getting the job done, the problem solved, and the future more secure?" As a student at Yale Law School in 1974, Lani Guinier attended a class with a white male professor who addressed all the students, male and female, as "gentlemen." To him the greeting was a form of honorific, evoking the values of traditional legal education. To her it was profoundly alienating. Years later Guinier began a study of female law students with her colleagues, Michelle Fine and Jane Balin, to try to understand the frustrations of women law students in male-dominated schools. Women are now entering law schools in large numbers, but too often many still do not feel welcome. As one says, "I used to be very driven, competitive. Then I started to realize that all my effort was getting me nowhere. I just stopped caring. I am scarred forever." After interviewing hundreds of women with similar stories, the authors conclude that conventional one-size-fits-all approaches to legal education discourage many women who could otherwise succeed and, even more, fail to help all students realize their full potential as legal problem-solvers. In *Becoming Gentlemen* Guinier, Fine, and Balin dare us to question what it means to become qualified, what a fair goal in education might be, and what we can learn from the experience of women law students about teaching and evaluating students in general. Including the authors' original study and two essays and a personal afterword by Lani Guinier, the book challenges us to work toward a more just society, based on ideals of cooperation, the resources of diversity, and the values of teamwork. **Developing Materials for Language Teaching** Bloomsbury Publishing This supplementary ebook contains the 12 chapters from the first edition of Brain Tomlinson's comprehensive *Developing Materials for Language Teaching* on various aspects of materials development for language teaching that did not, for reasons of space, appear in the second edition. **Learning to Fall A Novel** SparkPress Brynn honors her passion for horses by studying at the toughest veterinary program in the country. Months from graduating, tragedy strikes—tragedy for which she can't help but feel responsible. Brynn feels suffocated by the weight of her father's legacy and his dusty hopes for horse show jumping success. When Brynn's frenetic efforts to dig the family business out of debt fail, she's down to one desperate hope. Enter Jason Lander, who understands what it's like to walk away from the ring. The onetime champion agrees to train Brynn, and her horse Jett, for an all-or-nothing run at the prestigious Million Dollar Gold Cup. But going all the way means doing it his way, which has Brynn questioning her decisions, her loyalties, and her growing feelings for Jason—complicating her relationship with her lover. Set in Northern California against a stunning backdrop of coastal hills and valleys, *Learning to Fall* is about discovering how to let go—and how to hang on with your heart. Fans of *Seabiscuit* and *The Horse Whisperer* will love this beautifully written debut; one they're bound to add to their shelf of favorites. **The 8-Hour Diet Watch the Pounds Disappear Without Watching What You Eat!** Rodale Books A paradigm-shifting diet plan that allows you to eat anything you want, as much as you want—and still strip away 20, 40, 60 pounds, or more. After conducting extensive research at the Salk Institute and the National Institute on Aging, poring over copious amounts of new research in intermittent fasting, and engaging 2,000 people for a test panel, bestselling authors David Zinczenko and Peter Moore determined that people can lose remarkable amounts of weight eating the foods they like best—as long as they eat within a set 8-hour time period. Fasting is, of course, an ancient spiritual and health practice, but it's also a way to sidestep many of the ills of the modern world—including diabetes, heart disease, and cognitive impairment. Zinczenko and Moore demonstrate how simply observing this timed-eating strategy, even just three days a week, will reset your metabolism so that you can enter fat-burning mode first thing in the morning—and stay there all day long. And by focusing on eight critical, nutrient-rich Powerfoods, you can build in a second layer of protection against Alzheimer's, heart disease, and even the common cold. In the book, you will find motivating strategies, delicious recipes, and an 8-minute workout routine to maximize calorie burn. The 8-Hour Diet promises to strip away unwanted pounds and give you the focus and willpower you need to reach your goals for weight loss and life. **To Dragma Blind Switch** Sourcebooks, Inc. Desperate Jack Doyle accepts a sketchy job which leads to a deadly game of fixing horse races and murder—of the four-legged kind.... One-time amateur boxer Jack Doyle, an irreverent and rebellious advertising account representative, goes to work one fine Chicago day and finds his desk—and his job—both gone. A two-time loser at the marriage game as well, Doyle, usually ultra-confident, fishes himself out of a bottle to take stock, realizing, "with a thumping finality, that Life sure as hell did have his number and was crunching it."—At loose ends, Doyle accepts a most unusual offer from an acquaintance, Moe Kellman, "furrrier to the Mob," to fix a horse race. The context of making the deal, a Cubs game at storied Wrigley Field, sets the tone for the drama that follows. Thus begins a chain of events that will lead the FBI to Doyle's door where they "coopt" him into a quest after people who are maiming or killing thoroughbred horses for their insurance values. Their number one target is a loathsome media mogul who can't bear to lose at anything. ~Built upon recent factual events, spiced with satire and peppered throughout with engaging loonies, *Blind Switch* is a noteworthy first novel with a hero forced to ask in its ultimate line, "Where have I gone right?" **Shadowseer: Paris (Shadowseer, Book Two)** Morgan Rice "This novel

succeeds—right from the start.... A superior fantasy...It begins, as it should, with one protagonist's struggles and moves neatly into a wider circle...." -Midwest Book Review (re Rise of the Dragons) "Filled with non-stop action, this novel is sure to keep you on the edge of your seat from cover to cover....Rice is setting up for an amazing series to rival series such as Tamora Pierce's Song of the Lioness, with her strong female protagonist making waves in her world and building the confidence of young women in ours." -The Wanderer, A Literary Journal (re Rise of the Dragons) From #1 bestselling author Morgan Rice, a USA Today bestseller and critically-acclaimed author of the fantasy series The Sorcerer's Ring (over 3,000 five-star reviews) and the teen fantasy series The Vampire Journals (over 1,500 five-star reviews) comes a groundbreaking new series and genre, where fantasy meets mystery. SHADOWSEER: PARIS (Book Two) continues the story of Kaia, 17, an orphan coming of age in the Victorian Europe of the 1850s. Kaia yearns to escape her horrific orphanage, to discover who her parents were, and to understand why she can sense shadows when others cannot. When the brilliant Detective Pinsley, 45, takes Kaia under his wing and enlists her help in solving a series of mysterious and bizarre murders sweeping over Europe, the two of them become unlikely partners. Are they part of a greater war of light versus dark? And is Kaia the only one who can stop it? Dark fantasy meets mystery in SHADOWSEER, a page-turning, atmospheric thriller packed with authentic period detail, with twists and cliffhangers that will leave you on the edge of your seat. Kaia, a broken hero, will capture your heart as she struggles to claw her way up from the depths, and to solve unsolvable crimes. Fans of books such as Spellbreaker, The Dresden Files, Mortal Instruments and Dr. Jekyll and Mr. Hyde will find much to love in SHADOWSEER, satisfying fantasy fans who appreciate mystery and suspense, and mystery lovers who want something new, a clean hybrid that will appeal to both adult and young adult readers. Get ready to be transported to another world—and to fall in love with characters you will never forget. "Morgan Rice proves herself again to be an extremely talented storyteller....This would appeal to a wide range of audiences, including younger fans. It ended with an unexpected cliffhanger that leaves you shocked." -The Romance Reviews (re the paranormal series Loved) "The beginnings of something remarkable are there." -San Francisco Book Review (re the young adult fantasy A Quest of Heroes) SHADOWSEER: MUNICH (Book #3), SHADOWSEER: ROME (Book #4) and SHADOWSEER: ATHENS (Book #5) are also available. **In the Frame** Penguin UK Charles Todd, an artist specialising in horse paintings visits a friend in Australia and becomes entangled in a conspiracy of racing, wine, women and murder. **Female Pelvic Reconstructive Surgery** Springer Science & Business Media The interest in pelvic floor reconstruction has grown rapidly in recent years. The collaboration between urologists, gynaecologists and colorectal surgeons has also increased. The book covers the surgical anatomy, urinary and faecal incontinence and their treatment, prolapse surgery, fistulae and post-operative management. **Female Pelvic Reconstructive Surgery** is a multi-disciplinary book edited by Stuart L Stanton, Urogynaecologist, and Phillippe Zimmern, Urologist, with contributions by internationally known and experienced clinicians. The book is well illustrated, up to date and authoritative.