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KEY=ZEN - NATHEN ANIYAH

Life, a User's Manual

David R. Godine Publisher Over twenty years ago, Godine published the first English translation of Georges Perec's masterpiece, Life A User's Manual, hailed by the Times Literary Supplement, Boston Globe, and others as "one of the great novels of the century." We are now proud to announce a newly revised twentieth-anniversary edition of this classic. Structured around a single moment in time - 8:00 PM on June 23, 1975 - Perec's spellbinding puzzle begins in an apartment block in the XVIIth arrondissement of Paris where, chapter by chapter, room by room, the extraordinarily rich life of its inhabitants is marvelously revealed.

The Ultimate Digital Music Guide

Que Publishing Discusses all aspects of digital music, including navigating Internet radio, determining the best audio file format, creating playlists, and sharing music through social media outlets.

The Steampunk User's Manual

An Illustrated Practical and Whimsical Guide to Creating Retro-futurist Dreams

Abrams This comprehensive guide to Steampunk creations of all kinds offers inspiration and practical tips for bringing your own retro-futuristic visions to life. Whether you're a newbie to the world of Steampunk, or a long-time enthusiast of airships, goggles, and mad scientists, The Steampunk User's Manual is essential reading. The popular subgenre of science fiction has grown into a cultural movement; one that invites fans to let their imaginations go wild. In this volume, Jeff VanderMeer—the renowned expert in all things Steampunk—presents a practical and inspirational guidance for finding your own path into this realm. Including sections on art, fashion, architecture, crafts, music, performance, and storytelling, The Steampunk User's Manual provides a conceptual how-to guide on everything from the utterly doable to the completely over-the-top.

Drupal User's Guide

Building and Administering a Successful Drupal-Powered Web Site, Portable Documents

Prentice Hall Finally, Drupal Made Easy: A Step-By-Step Guide from Planning to Finished Site The open source content management system Drupal offers amazing flexibility, sophistication, and power. The catch? Many first-time users find it difficult to get started, and most Drupal books don't help with the initial stages. Drupal™ User's Guide is different: easy to use, fun to read, practical, and complete! Long-time Drupal site developer Emma Jane Hogbin guides you through every step of building sites with Drupal, from installation and site planning through launching your first site. Drawing on her experience teaching thousands of beginners, she covers both Drupal and Web design tasks, showing exactly how they fit together. Drupal™ User's Guide shows how to use Drupal 7's

newest improvements to build more modern, manageable sites for any business or organization. Hogbin covers crucial topics other Drupal books ignore, including search engine optimization and accessibility. Walk through installing Drupal on Mac OS X and Linux Web servers Get comfortable with Drupal 7's new administrative interface Build a basic site in minutes Create S.M.A.R.T. (Specific, Measurable, Attainable, Realistic, Timely) site goals Audit your existing content so you can make the most of it Explore, choose, and customize Drupal themes Walk through building a community site with private discussion area Build a complete business association directory site Use Web forms to capture and display any kind of content Take advantage of Drupal's powerful Views module Choose the right Drupal and third-party modules to build virtually any site Optimize your site for Google and other search engines Use advanced techniques to improve your visitors' experiences If you want to create great sites with Drupal—with no hassle, no confusion, and no degree in computer science—this is the book for you!

Zen and the Art of Making a Living

A Practical Guide to Creative Career Design

Penguin Mass Market For career consultant Laurence G. Boldt, everyone is the artist of his or her own life. In this comprehensive, useful, and potentially life-changing book, he guides readers on how to widen possible horizons--and then focus in to make the ideal real. Illustrations and worksheets throughout.

Presentation Zen

Simple Ideas on Presentation Design and Delivery

Pearson Education FOREWORD BY GUY KAWASAKI Presentation designer and internationally acclaimed communications expert Garr Reynolds, creator of the most popular Web site on presentation design and delivery on the Net — presentationzen.com — shares his experience in a provocative mix of illumination, inspiration, education, and guidance that will change the way you think about making presentations with PowerPoint or Keynote. Presentation Zen challenges the conventional wisdom of making "slide presentations" in today's world and encourages you to think differently and more creatively about the preparation, design, and delivery of your presentations. Garr shares lessons and perspectives that draw upon practical advice from the fields of communication and business.

Combining solid principles of design with the tenets of Zen simplicity, this book will help you along the path to simpler, more effective presentations.

Manhattan Users Guide

The Guide to New York for New Yorkers

Hyperion Books An all-inclusive guide to New York City features little-known resources and amusements, tips on dealing with the city's problems, and advice on the best services, shopping, and restaurants, all organized into useful categories such as Arts & Diversions, Coping, Services, Restaurants, Spirits, Sports, and Stores. Original.

Adobe Premiere Elements 7 Classroom in a Book

Adobe Press This collection combines Adobe Photoshop Elements 7 Classroom in a Book and Adobe Premiere Elements 7 Classroom in a Book into one affordable volume. Each chapter in these step-by-step, project-based guides contains a project that builds on the reader's growing knowledge of the program, while end-of-chapter review questions reinforce each lesson. Readers will learn how to use the programs' many new features, including applying incredible effects using the Smart Brush, cleaning your scene of unwanted elements with Adobe Photomerge Scene Cleaner, enhanced support for raw files, step-by-step editing assistance, and newly interactive and engaging ways to share your photos in Photoshop Elements. Premiere Elements 7 now allows you to create polished movies with no effort using InstantMovie, quickly find your best clips with Smart Tags, import and edit video from the latest AVCHD camcorders, easily put your subject in a new setting using Adobe's amazing Videomerge technology and more. All of Peachpit's eBooks contain the same content as the print edition. You will find a link in the last few pages of your eBook that directs you to the media files. Helpful tips: · If you are able to search the book, search for "Where are the lesson files?" · Go to the very last page of the book and scroll backwards. · You will need a web-enabled device or computer in order to access the media files that accompany this ebook. Entering the URL supplied into a computer with web access will allow you to get to the files. · Depending on your device, it is possible that your display settings will cut off part of the URL. To make sure this is not the case, try reducing your font size and turning your device to a landscape view. This should cause the full URL to appear.

Your Unique Facilitator Style

Explore Your Special Gifts and Powers as a Facilitator, Therapist, Teacher, Coach, and Helper

Gatekeeper Press Whether you are a student-in-training or a long-time practitioner, this book will help you explore the unique style that animates your work and makes you most creative and effective. The contents of this book will be enriching for facilitators of all kinds including therapists, organizational facilitators, coaches, teachers, leaders, and other types of individual and group helpers. Through lively stories, discussions, pictures, and numerous process-oriented exercises, you'll explore the many facets of your style, the mythic flow that moves you while working, and how your facilitator skills come to life in your own special way. You'll understand that your unique style is one of the greatest gifts that you share with others, even though you are usually not quite aware of it. You'll also discover the special artistry that lies hidden in the most unusual parts of you, including your biggest learning problems!

Marketing Analytics: A Practitioner's Guide To Marketing Analytics And Research Methods

World Scientific Publishing Company The digital age has transformed the very nature of marketing. Armed with smartphones, tablets, PCs and smart TVs, consumers are increasingly hanging out on the internet. Cyberspace has changed the way they communicate, and the way they shop and buy. This fluid, de-centralized and multidirectional medium is changing the way brands engage with consumers. At the same time, technology and innovation, coupled with the explosion of business data, has fundamentally altered the manner we collect, process, analyse and disseminate market intelligence. The increased volume, variety and velocity of information enables marketers to respond with much greater speed, to changes in the marketplace. Market intelligence is timelier, less expensive, and more accurate and actionable. Anchored in this age of transformations, Marketing Analytics is a practitioner's guide to marketing management in the 21st century. The text devotes considerable attention to the way market analytic techniques and market research processes are being refined and re-engineered. Written by a marketing veteran, it is intended to guide marketers as they craft market

strategies, and execute their day to day tasks.

Zen and the Art of Making a Living

A Practical Guide to Creative Career Design

Penguin Applies Zen philosophies and techniques to uncovering one's talents, assessing career skills, marketing one's abilities, and conducting a job search

The Innovation Manual

Integrated Strategies and Practical Tools for Bringing Value Innovation to the Market

John Wiley & Sons The Innovation Manual provides a solution to the problems faced by those at the forefront of innovation. It takes you through the seven topics that have the highest impact on the success of value innovation, be this innovation a new product, a new service or a new business model. The seven topics are: - Creating advantage in the minds of many - Chartering innovation within the organization - Preparing, developing and supporting the right team - Placing customers at the centre of innovation - Changing the organization to deliver the innovation - Motivating the right partners and sharing the returns - Building momentum in the market Each topic is linked to an organized toolkit that allows managers to apply this knowledge immediately. The tools sit within an overall framework to show how they build on and reinforce one another. Along with this, the book guides busy managers on applying the tools properly, detailing the relevance of each for specific industries, and how to customize them when necessary.

The BetterPhoto Guide to Creative Digital Photography

Learn to Master Composition, Color, and Design

Amphoto Books Master composition and design to take your photos from okay to wow You already own the most important photography tool—your creative eye. With this book, you'll learn how classic design and composition principles can be applied to a wide range of photographic situations to create images with impact. Jim Miotke and Kerry Drager, both veteran photographers and experienced instructors, share time-tested design guidelines, composition techniques, even tips on when to break the rules, that will transform the way you make photographs.

Finding a Job Worth Having, 4th Edition

Lulu.com

Zen Meditation in Psychotherapy

Techniques for Clinical Practice

John Wiley & Sons "The world and all that is in it expresses reality. Every therapy session, each moment in your life, is a koan to be solved, an opportunity to learn about your deeper being. How you respond is your choice. You always have the option to respond with your most enlightened nature." —from Zen Meditation in Psychotherapy A thoughtful and pragmatic guide for integrating Zen meditation into traditional psychotherapy Grounded in both neuroscientific and clinical evidence that supports the use of Zen meditation to improve clients' mental health, this inspiring "how-to" guide encourages creative use of its techniques to suit your personal therapeutic style as well as your clients' needs. Zen Meditation in Psychotherapy provides you with methods that can be seamlessly integrated into ongoing treatments for a broad range of psychological problems, as well as with ways to enhance your own life, both professionally and personally. It covers: General protocol for integrating meditation into treatments at every phase Applying meditation for problems such as depression, anger, addiction, and weight management Meditative ways to reduce anxiety, stress, and

burnout Meditative training to enhance therapeutic sensitivities Filled with vivid case examples and writings from traditional texts, modern interpretations, meditation research, and illustrative legends, Zen Meditation in Psychotherapy encourages a therapeutic process in which clients move their attention from outside concerns to inner mindfulness. With a range of techniques that embrace the diversity and uniqueness of clients, this book offers methods and tools for seeing feelings and problems directly and objectively, which can lead to a profound shift in perspective.

The Ultimate Player's Guide to Minecraft

Pearson Education Provides readers with tips, techniques, and strategies for playing Minecraft on the Xbox, covering how to register for the game, customize the experience, and create new worlds.

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Singapore's leading tech magazine gives its readers the power to decide with its informative articles and in-depth reviews.

The Ultimate Player's Guide to Minecraft - PlayStation Edition

Covers Both PlayStation 3 and PlayStation 4 Versions

Que Publishing The Ultimate Player's Guide to Minecraft - PlayStation Edition Minecraft: These worlds are YOURS! Minecraft is WAY more than a game: it's an alternate universe of creation, exhilaration, survival, adventure, passion! Don't enter that universe alone. Take an experienced guide who'll help you constantly as you learn the secrets of Minecraft on the PlayStation! Stephen O'Brien has been obsessing over Minecraft since its earliest betas. He's seen it all! Now, he'll take you deep inside craft and mine, cave and menagerie, farm and village. He'll reveal combat traps and tricks you need to know... teach you enchantments of unimaginable power... help you survive where few dare to go... help you OWN the infinite worlds of Minecraft! Based on the international best-seller of the same name, this book is ideal for Minecrafters of all ages. Quick-start guide for first-night survival to get started NOW

Customize your experience: monstrous, peaceful, and more Harvest resources, craft tools and shelters—let there be light Grab your pickaxe: mine iron, gold, diamonds, and redstone Escape (or defeat!) 14 types of hostile mobs Get friendly mobs on your side and build automated farms Brew potions to cure ills, gain superpowers, and to throw at enemies Transform your shelter into a palace (or a secret underwater base) Create customized worlds with unique seeds Learn the secrets of redstone devices and build incredible rail systems Play safely through The Nether and The End Play with up to eight of your friends on PlayStation, or run in splitscreen mode Stephen O'Brien is an Australian-born writer and entrepreneur now residing in Sydney after too many years in Silicon Valley. He has written more than 30 books, including several best-sellers. O'Brien founded Typefi, the world's leading automated publishing system, and in his spare time invented a new type of espresso machine called mypressi. He's a perpetual innovator who remains astounded at the unparalleled creativity Minecraft can engender. This book was not created by and is not endorsed by Notch Development AB Corporation/Mojang Synergies AB Corporation, or Sony Computer Entertainment.

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Singapore's leading tech magazine gives its readers the power to decide with its informative articles and in-depth reviews.

Curators of the Buddha

The Study of Buddhism Under Colonialism

University of Chicago Press A critical history of the study of Buddhism in the West, incorporating insights of colonial and post-colonial cultural studies. Social, political and cultural conditions that have shaped the course of Buddhist studies are discussed.

End-User Computing, Development, and Software Engineering: New Challenges

New Challenges

IGI Global "This book explores the implementation of organizational and end user computing initiatives and provides foundational research to further the understanding of this discipline and its related fields"--Provided by publisher.

Interviewing Users

How to Uncover Compelling Insights

Rosenfeld Media Interviewing is a foundational user research tool that people assume they already possess. Everyone can ask questions, right? Unfortunately, that's not the case. Interviewing Users provides invaluable interviewing techniques and tools that enable you to conduct informative interviews with anyone. You'll move from simply gathering data to uncovering powerful insights about people.

Watsu

Freeing the Body in Water

Trafford Publishing This is a book about water, about our bodies in water and how, floating and stretching one another to our shared breathing pattern, we achieve new levels of peace and oneness. Many consider Watsu the most significant advance in bodywork in our times. While other forms are based on touch, Watsu creates a more profound connection through the holding and the deep connection with the breath that being in water facilitates. The trust established combines with the relaxing effects of warm water and Watsu's moves and stretches to create a modality of extraordinary depth that has both specific therapeutic results and healing on many levels. Besides having countless applications in therapy, it brings new depths of 'connection' into the lives of the many sharing its simpler moves with family and friends. This third edition completes the first 25-year evolution of what came into being when Harold Dull started floating people at Harbin Hot Springs in Northern California, applying the stretches of the Zen Shiatsu he had studied in Japan. It illustrates, step by step, the major positions and forms of Watsu. It introduces Watsuchanics (the body mechanics of Watsu)

and other developments that help students learn Watsu. More than sixteen therapists and practitioners have added contributions detailing the use of Watsu with all ages and the growing number of conditions that Watsu is proving to alleviate in clinics and spas around the world. New chapters feature Watsu with children and a form of Watsu that can be used in home spa/hot tubs. Also illustrated step by step is a complete form of Tantsu which brings Watsu's nurturing power back onto land. More than a thousand images have gone into this book to give as clear an illustration as possible of the movements and forms of Watsu and Tantsu.

Bedford's Tech Edge

PHOTOVIDEOi

A local Singaporean magazine dedicated to photography and videography.

Presentation Zen

Simple Ideas on Presentation Design and Delivery

New Riders Best-selling author and popular speaker Garr Reynolds is back in this newly revised edition of his classic, best-selling book, Presentation Zen, in which he showed readers there is a better way to reach the audience through simplicity and storytelling, and gave them the tools to confidently design and deliver successful presentations. In this new edition, Garr gives his readers new, fresh examples to draw inspiration from, with a whole new chapter for those who present on more technical and educational topics based on techniques used by many presenters who give high-level talks at TED and other powerhouse events. Whether the reader is in research, technology, business, or education-this book will show them how to take what could look like a really dry presentation and reinvigorate the material in totally fresh (and sometimes interactive!) ways that will make it memorable and resonate with the audience. Staying true to the mission of the first), Garr combines solid principles of design with the tenets of Zen simplicity to help readers along the path to simpler, more effective presentations that will be appreciated, remembered, and best of all, acted upon.

An Architectural Approach to Instructional Design

Routledge Winner of the 2014 AECT Design & Development Outstanding Book Award An Architectural Approach to Instructional Design is organized around a groundbreaking new way of conceptualizing instructional design practice. Both practical and theoretically sound, this approach is drawn from current international trends in architectural, digital, and industrial design, and focuses on the structural and functional properties of the artifact being designed rather than the processes used to design it. Harmonious with existing systematic design models, the architectural approach expands the scope of design discourse by introducing new depth into the conversation and merging current knowledge with proven systematic techniques. An architectural approach is the natural result of increasing technological complexity and escalating user expectations. As the complexity of design problems increases, specialties evolve their own design languages, theories, processes, tools, literature, organizations, and standards. An Architectural Approach to Instructional Design describes the implications for theory and practice, providing a powerful and commercially relevant introduction for all students of instructional design.

Yoga Journal

For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty.

Recording for the Blind & Dyslexic, ... Catalog of Books

Adult collection

The Artist's Guide to GIMP, 2nd Edition

Creative Techniques for Photographers, Artists, and Designers

No Starch Press As a full-featured, free alternative to Adobe Photoshop, GIMP is one of the world's most popular open source projects. The latest version of GIMP (2.8) brings long-awaited improvements and powerful new tools to make graphic design and photo manipulation even easier—but it's still a notoriously challenging program to use. The Artist's Guide to GIMP teaches you how to use GIMP without a tedious list of menu paths and options. Instead, as you follow along with Michael J. Hammel's step-by-step instructions, you'll learn to produce professional-looking advertisements, apply impressive photographic effects, and design cool logos and text effects. These extensively illustrated tutorials are perfect for hands-on learning or as templates for your own artistic experiments. After a crash course in GIMP's core tools like brushes, patterns, selections, layers, modes, and masks, you'll learn: -Photographic techniques to clean up blemishes and dust, create sepia-toned antique images, swap colors, produce motion blurs, alter depth of field, simulate a tilt-shift, and fix rips in an old photo -Web design techniques to create navigation tabs, icons, fancy buttons, backgrounds, and borders -Type effects to create depth, perspective shadows, metallic and distressed text, and neon and graffiti lettering -Advertising effects to produce movie posters and package designs; simulate clouds, cracks, cloth, and underwater effects; and create specialized lighting Whether you're new to GIMP or you've been playing with this powerful software for years, you'll be inspired by the original art, creative photo manipulations, and numerous tips for designers. Covers GIMP 2.8

Developing Creative Thinking in Beginning Design

Routledge Learning to think and act creatively is a requisite fundamental aspect of design education for architectural and interior design as well as industrial and graphic design. Development of creative capacities must be encountered early in design education for beginning students to become self-actualized as skillful designers. With chapters written by beginning design instructors, Developing Creative Thinking in Beginning Design addresses issues that contribute to deficiencies in teaching creativity in contemporary beginning design programs. Where traditional pedagogies displace creative thinking by placing conceptual abstractions above direct

experiential engagement, the approaches presented in this book set forth alternative pedagogies that mitigate student fears and misconceptions to reveal the potency of authentic encounters for initiating creative transformational development. These chapters challenge design pedagogy to address such issues as the spatial body, phenomenological thinking, making as process, direct material engagement and its temporal challenges, creative decision making and the wickedness of design, and the openness of the creative design problem. In doing so, this book sets out to give greater depth to first design experiences and more effectively enable the breadth and depth of the teacher-student relationship as a means of helping your students develop the capacity for long-term self-transformation.

Gods in America

Religious Pluralism in the United States

Oxford University Press Religious pluralism has characterized America almost from its seventeenth-century inception, but the past half century or so has witnessed wholesale changes in the religious landscape, including a proliferation of new spiritualities, the emergence of widespread adherence to "Asian" traditions, and an evangelical Christian resurgence. These recent phenomena--important in themselves as indices of cultural change--are also both causes and contributions to one of the most remarked-upon and seemingly anomalous characteristics of the modern United States: its widespread religiosity. Compared to its role in the world's other leading powers, religion in the United States is deeply woven into the fabric of civil and cultural life. At the same time, religion has, from the 1600s on, never meant a single denominational or confessional tradition, and the variety of American religious experience has only become more diverse over the past fifty years. Gods in America brings together leading scholars from a variety of disciplines to explain the historical roots of these phenomena and assess their impact on modern American society.

The Complete User's Guide to the Amazing Amazon Kindle

Harvard Perspectives in Independent Publishing The bestselling unauthorized guide that will ensure that you get the most out of the Kindle - or give you all the information you need before you decide to buy.

Electronics Buying Guide

Data Visualization, Part 2

New Directions for Evaluation, Number 140

John Wiley & Sons This issue delivers concrete suggestions for optimally using data visualization in evaluation, as well as suggestions for best practices in data visualization design. It focuses on specific quantitative and qualitative data visualization approaches that include data dashboards, graphic recording, and geographic information systems (GIS). Readers will get a step-by-step process for designing an effective data dashboard system for programs and organizations, and various suggestions to improve their utility. The next section illustrates the role that graphic recording can play in helping programs and evaluators understand and communicate the mission and impact that an intervention is having in a democratic and culturally competent way. The GIS section provides specific examples of how mapped data can be used to understand program implementation and effectiveness, and the influence that the environment has on these outcomes. Discusses best practices that inform and shape our data visualization design choices Highlights the best use of each tool/approach Provides suggestions for effective practice Discuss the strengths and limitations of each approach in evaluation practice This is the 140th volume of the Jossey-Bass quarterly report series New Directions for Evaluation, an official publication of the American Evaluation Association.

The Zen of Creative Painting

An Elegant Design for Revealing Your Muse

Watson-Guption Publications Invites the artist to explore the creative process through Zen philosophies and the creation of mandalas, still life, landscape, and figure art

Electronics Buying Guide 2007

A consumer guide that integrates shopping suggestions and handy user tips as it describes and rates dozens of digital electronic products, including cell phones, digital cameras, televisions, computers, video games, and home theater products.

Creative Facilitation Techniques for Training

American Society for Training and Development This issue discusses a variety of creative facilitation techniques to be used in training. It is based on the premise that workplace learning happens in a variety of environments, and therefore demands a multitude of training options. These environments include on-the-job training, one-on-one instruction, classroom setting, synchronous online, and asynchronous online. This issue will help you understand which facilitation techniques are best suited for each environment and how to implement each technique. It also provides advice and guidelines for adjusting to sudden changes in a training environment, ensuring the facilitator is always prepared.

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Singapore's leading tech magazine gives its readers the power to decide with its informative articles and in-depth reviews.

The Academic Medicine Handbook

A Guide to Achievement and Fulfillment for Academic Faculty

Springer Science & Business Media Attaining professional success and finding personal happiness in academic medicine is not an easy path, yet both are critical if the future is to be brighter through better science, better clinical care, better training, better responsiveness to communities, and better stewardship and leadership in the health professions. This concise, easy to read title consists of "mini" chapters intended as a resource to assist early- and middle-career physicians, clinicians, and scientists in

*understanding the unique mission of academic medicine and building creative, effective, and inspiring careers in academic health organizations. Organized in eight sections, the Guide covers such areas as finding your path in academic medicine, getting established at an institution, approaching work with colleagues, writing and reviewing manuscripts, conducting empirical research, developing administrative skills, advancing your academic career, and balancing your professional and personal life. Each chapter includes pointers and valuable career and “best practices” strategies in relation to the topic area. An exciting addition to the professional development literature, *Achievement and Fulfillment in Academic Medicine: A Comprehensive Guide* is an indispensable resource for anyone seeking to achieve a fulfilling career in academic medicine.*