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# Site To Download The Soul Of Leadership Unlocking Your Potential For Greatness Deepak Chopra

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## KEY=THE - GRANT HATFIELD

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### THE SOUL OF LEADERSHIP

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### UNLOCKING YOUR POTENTIAL FOR GREATNESS

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**Harmony** Looks at great leaders of the past and hones in on the key qualities, including their spiritual attributes, that made them successful and then lays out an action plan for understanding and mastering these qualities. By the best-selling author of *Reinventing the Body, Resurrecting the Soul*. 75,000 first printing.

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### INTELLIGENT LEADERSHIP

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### WHAT YOU NEED TO KNOW TO UNLOCK YOUR FULL POTENTIAL

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**Amacom Books** In today's business environment, leaders at all levels are facing enormous challenges when it comes to achieving and sustaining breakthrough operating results. Globalization, economic change, more stringent regulation, and tougher governance make realizing shareholder value increasingly difficult. *Intelligent Leadership* is written for leaders who want to become more effective, strategic, operationally focused, and balanced. It is for leaders who are striving to take control of their destiny and become the best they can be. In this groundbreaking book, leadership coach John Mattone--recently named to the "guru radar" by the prestigious Thinkers50--taps into his years of experience working with high-achieving professionals to give readers a roadmap for developing and mastering their executive maturity. Supplying three unique tools--the Wheel of Leadership Success, Map of Leadership Maturity, and the Leadership Enneagram--the book helps readers calibrate their abilities so they can simultaneously focus on their strengths and address their weaknesses. The goal is to improve key tactical competencies (such as critical and strategic thinking, decision-making, talent and

team leadership, and communication) and integrate them with equally important inner traits like values, character, and beliefs in order to achieve their leadership potential. Featuring best practices, authoritative research, practical assessments, and enlightening examples of both good and bad leadership, this book equips readers with the knowledge, skills, and passion they need to become the leaders they were meant to be.

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## **THE OTHER 90%**

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### **HOW TO UNLOCK YOUR VAST UNTAPPED POTENTIAL FOR LEADERSHIP AND LIFE**

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**Currency** For centuries, it has been assumed that there are vast limits to human capacity. Now, although a host of scientific discoveries prove this wrong, a mindset of limits persists, blocking us from our greatest possibilities and leaving us feeling bombarded by stress, change, and uncertainty. No matter how hard we work, no matter how much we give, we're still not getting what we hoped for. There is another way. Dr. Robert Cooper, a neuroscience pioneer and leadership advisor, urges us to take a radically different view of human capacity. We are mostly unused potential, he says, employing less than 10 percent of our brilliance or hidden talents. In easy-to-follow steps, he explains how to develop and apply the art and science of your hidden capacity. The art is the motivation and inspiration coming from the wonderful stories that are the heart of *The Other 90%*. Dr. Cooper draws on his wide-ranging insights and experiences to show how it's possible to make a difference in yourself and others. However, inspiration without a way to turn vision into reality is an empty vessel. Combining art with science, Dr. Cooper provides extraordinary help in the form of specific, little-known practical ways to use the latest research in neuroscience, performance psychology, and work physiology for excelling in a pressure-filled world. He shows you how to: \* Increase energy at work -- and have more energy for personal and family life. \* Activate the brain's "alertness switches" to defeat pressure and stress. \* Use not only the brain in your head but the ones in your heart and gut. \* Motivate exceptional ingenuity and performance in yourself and others. The most exciting breakthroughs will not come from advances in technology but from a deeper realization of what it means to be most human and alive. Many of the choices that can dramatically change our lives are simple and practical -- yet few people know what these choices are or how to apply them in work and life. *The Other 90%* is your guide to new territory and new challenges.

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## **THE SPIRITUAL DIMENSION OF LEADERSHIP**

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### **8 KEY PRINCIPLES TO LEADING MORE EFFECTIVELY**

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**Corwin Press** This book illuminates many of the core values, beliefs, and principles that can guide, sustain, and inspire leaders during difficult times.

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## **UNLOCKING POTENTIAL**

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## 7 COACHING SKILLS THAT TRANSFORM INDIVIDUALS, TEAMS, AND ORGANIZATIONS

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**Grand Harbor Pub** Provides a guide for executives seeking to coach and motivate their employees, explaining how to encourage and develop the talents of their staff to increase productivity, profitability, loyalty, and customer focus.

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### THE INTELLIGENT LEADER

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### UNLOCKING THE 7 SECRETS TO LEADING OTHERS AND LEAVING YOUR LEGACY

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**John Wiley & Sons** *Grow Your Leadership. Enrich Your Life. Leave a Lasting Legacy.* What is great leadership? What separates the merely competent leaders from those rare individuals who leave a lasting impression on everyone around them? As one of the world's most in-demand CEO coaches and top leadership gurus, John Mattone has worked with some of our brightest business minds—Apple's Steve Jobs, Pepsi's Roger Enrico, and Nielsen's Armando Uriegas—and he's identified the key qualities that, together, make up the mindset of great leadership. In *The Intelligent Leader*, Mattone lays out an accessible, practical, and compelling path that anyone can take to become the kind of leader that brings enrichment to the lives of others, enjoys a more fulfilling life, and leaves a lasting legacy. Each chapter uses a variety of real-world examples, tools, and assessments to explore one of Mattone's 7 dimensions of Intelligent Leadership, including: • Thinking differently, thinking big • Having a mindset of duty vs. a mindset of entitlement • Leveraging your gifts and addressing your gaps • Having the courage to execute with pride, passion, and precision Readers will have complimentary online access to the Mattone Leadership Enneagram Inventory (\$110 value), which offers a personalized assessment of your leadership style and maturity.

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### METAHUMAN

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### UNLEASHING YOUR INFINITE POTENTIAL

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**Harmony** Is it possible to venture beyond daily living and experience heightened states of awareness? Deepak Chopra says that higher consciousness is available here and now. "Metahuman helps us harvest peak experiences so we can see our truth and mold the universe's chaos into a form that brings light to the world."—Dr. Mehmet Oz, attending physician, New York–Presbyterian, Columbia University New York Times bestselling author Deepak Chopra unlocks the secrets to moving beyond our present limitations to access a field of infinite possibilities. How does one do this? By becoming metahuman. To be metahuman, however, isn't science fiction and is certainly not about being a superhero. To be metahuman means to move past the limitation constructed by the mind and enter a new state of awareness where we have deliberate and concrete access to peak experiences that can transform people's lives from the inside out. Humans do this naturally—to a point. For centuries the great artists, scientists, writers, and many so-called ordinary people have gone beyond the everyday physical world. But if we could channel these often bewildering

experiences, what would happen? Chopra argues we would wake up to experiences that would blow open your body, mind, and soul. *Metahuman* invites the reader to walk the path here and now. Waking up, we learn, isn't just about mindfulness or meditation. Waking up, to become metahuman, is to expand our consciousness in all that we think, say, and do. By going beyond, we liberate ourselves from old conditioning and all the mental constructs that underlie anxiety, tension, and ego-driven demands. Waking up allows life to make sense as never before. To make this as practical as possible, Chopra ends the book with a 31-day guide to becoming metahuman. Once you wake up, he writes, life becomes transformed, because pure consciousness—which is the field of all possibilities—dawns in your life. Only then does your infinite potential become your personal reality.

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## **FIND YOUR WAY**

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### **UNLEASH YOUR POWER AND HIGHEST POTENTIAL**

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**Tyndale Momentum** *"In Find your Way, you will discover the helpful, proven wisdom and deep care that I have experienced in working alongside Carly." --Henry Cloud, best-selling author of Boundaries A perfect gift for graduates! No matter where you are in life, you are not yet all you will be . . . At some point, virtually everyone finds themselves struggling to find their way in life. Perhaps you're just starting out and haven't yet found your personal or professional path. Maybe you've been plugging away for years, trying to live someone else's dream. Maybe you're outwardly successful but plagued by a nagging, soul-level sense of dissatisfaction. Carly Fiorina, who started as a secretary and later became the first female CEO of a Fortune 50 company, can help. Drawing on her own remarkable journey, and empirical evidence accumulated over four decades in the workplace, Carly will show you how to choose a path over a plan, use problems to propel yourself and your organization forward, overcome fear and procrastination, make smart decisions, and reclaim your power and use it for good. Carly Fiorina believes beyond a shadow of a doubt that your potential can be unleashed. In Find Your Way, she shows you the path to getting there.*

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## **LEADERSHIP AND THE ART OF STRUGGLE**

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### **HOW GREAT LEADERS GROW THROUGH CHALLENGE AND ADVERSITY**

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**Berrett-Koehler Publishers** *All Leaders Face Adversity. Exceptional Leaders Thrive in It. Leadership is often a struggle, and yet strong taboos keep us from talking openly and honestly about our difficulties for fear of looking weak and seeming to lack confidence. But Steven Snyder shows that this discussion is vital—adversity is precisely what unlocks our greatest potential. Using real-life stories drawn from his extensive research studying 151 diverse episodes of leadership struggle—as well as from his experiences working with Bill Gates in the early years of Microsoft and as a CEO and executive coach—Snyder shows how to navigate intense challenges to achieve personal growth and organizational success. He details strategies for embracing struggle and offers a host of unique tools and hands-on practices to help you implement them. By mastering the art of struggle, you'll be better equipped to*

meet life's challenges and focus on what matters most. "Leadership and the Art of Struggle provides you with the opportunity to learn from Snyder's remarkable wisdom. It is a living guide that you can return to time and time again as new situations arise." —From the foreword by Bill George, former CEO, Medtronic; Professor of Management Practice, Harvard Business School; and author of the bestselling *True North* "The leadership book of the year...one of the most intelligent, revealing, and practical books on the subject I have ever read. It confronts a vital truth: that challenge is the crucible for greatness and that these adversities introduce us to ourselves." —Jim Kouzes, coauthor of the bestselling *The Leadership Challenge* "Steven Snyder covers all the bases from channeling your energy to managing conflict, including a great segment about overcoming your leadership blind spots...This encouraging book is a must-read!" —Ken Blanchard, coauthor of *The One Minute Manager* and *Great Leaders Grow* "Leadership and the Art of the Struggle gives you clear and compelling advice on transforming pitfalls into possibilities." —Jodee Kozlak, Executive Vice President, Human Resources, Target

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## SOUL AT WORK

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## SPIRITUAL LEADERSHIP IN ORGANIZATIONS

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**Church Publishing, Inc.** "Soul in the workplace is not a theological abstraction, but a way of being and doing. Each of the organizations Benefiel profiles...describes the profound role that awareness of soul, or spirituality, can play in leadership and organizational life." -- P. [4] of cover.

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## THE DECISION MAKER

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## UNLOCK THE POTENTIAL OF EVERYONE IN YOUR ORGANIZATION, ONE DECISION AT A TIME

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**Pear Press** Who makes the important decisions in your organization? Strategy, product development, budgeting, compensation—such key decisions typically are made by company leaders. That's what bosses are for, right? But maybe the boss isn't the best person to make the call. That's the conclusion Dennis Bakke came to, and he used it to build AES into a Fortune 200 global power company with 27,000 people in 27 countries. He used it again to create Imagine Schools, the largest non-profit charter-school network in the U.S. As a student at Harvard Business School, Bakke made hundreds of decisions using the case-study method. He realized two things: decision-making is the best way to develop people; and that shouldn't stop at business school. So Bakke spread decision-making throughout his organizations, fully engaging people at all levels. Today, Bakke has given thousands of people the freedom and responsibility to make decisions that matter. In *The Decision Maker*, a leadership fable loosely based on Bakke's experience, the *New York Times* bestselling author shows us how giving decisions to the people closest to the action can transform any organization. The idea is simple. The results are powerful. When leaders put real control into the hands of their people, they tap incalculable potential. *The Decision Maker*, destined to be a business classic, holds the key to unlocking the potential of every person in your organization.

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## CULTURALLY PROFICIENT LEADERSHIP

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### THE PERSONAL JOURNEY BEGINS WITHIN

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**Corwin Press** *Becoming a culturally proficient leader requires the kind of courage, clarity, and insight that can only come from looking inward first. It's a personal learning journey of will and skill, and if you're up to the challenge, one that will change how you see your school, your students, and yourself as you build your own cultural competence. Consider this second edition of Culturally Proficient Leadership your personal road map for navigating that journey. Each chapter of Culturally Proficient Leadership invites you to put your experiences up front and challenges you to reframe your story based on multiple viewpoints—now, notably, with the addition of new coauthors Delores Lindsey and Eloise Kemp Terrell, who have their own remarkable stories and insight to share. Overall, all four authors will help you answer the critical question "Is what we say what we do?" utilizing the tools of Cultural Proficiency to engage in Reflections and Cultural Interviews to explore what you learn about those who are culturally different from you develop a Cultural Autobiography to provide a picture of the cultural memberships that have influenced who you are as a person use the Cultural Proficiency Continuum to examine your progress as a leader in serving your students and communities prepare an intentional Leadership Plan that summarizes your journey from Cultural Precompetence to Cultural Proficiency The central "inside-out" premise of Cultural Proficiency is that engaging in deep introspection around one's personal beliefs, values, and behaviors in response to human differences is the first step toward systemic educational reform. We invite you to embark on this journey of self-awareness, of moral courage, and of the life-affirming power of human diversity. "I believe deeply that we cannot solve the challenges of our time unless we solve them together—unless we perfect our union by understanding that we may have different stories, but we hold common hopes; that we may not look the same and may not come from the same place, but we all want to move in the same direction: toward a better future for our children and our grandchildren." —Barack Obama, Los Angeles Times, 2008*

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## THE POSITIVE LEADER

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### HOW ENERGY AND HAPPINESS FUEL TOP-PERFORMING TEAMS

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**Pearson UK** *Discover how to banish stress and negativity, rediscover your best self and become an inspirational leader – starting now. Inspirational leaders: Target strengths, not weaknesses Have a dream Manage energy, not time Put happiness before success Based on cutting edge research, and with truly actionable advice, The Positive Leader shows you how. Former Chairman of Microsoft Europe, Jan Mühlfeit, turns the lessons he's learnt from his years at the coalface of leadership into a 'how to' guide for busy managers. Academic studies have shown that a positive mind-set results in 31% higher levels of productivity.\* The Positive Leader gives you a four-point approach to becoming a happier and more inspirational leader. Discover and work to your strengths Identify your mission and vision Become*

a 'Chief Energy Officer' Lead yourself to happiness \* 'Positive Intelligence', Shawn Anchor, Harvard Business Review, Jan/Feb 2012

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## LEADERSHIFT

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### THE 11 ESSENTIAL CHANGES EVERY LEADER MUST EMBRACE

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**HarperCollins Leadership** Dive into a masterclass that reveals the shifts you should make over the course of your career to keep innovating, improving, and influencing others to the highest levels of success in today's unprecedented business climate. Change is so rapid today that leaders must do more than stay the course to be successful. If they aren't nimble and ready to adapt, they won't survive. The key is to learn how to leadershift. John C. Maxwell helps leaders gain the ability and willingness to make leadership changes that will positively enhance their organizational and personal growth. He does this by sharing the eleven shifts he made over the course of his long, successful leadership career. In *Leadershift*, Maxwell shares some of the leadershifts including... Adaptive Shift from Plan A to Option A, the Production Shift from Ladder Climbing to Ladder Building, the Influence Shift from Positional Authority to Moral Authority and more! *Leadershift* gives specific guidance to readers about how to make these shifts in their own lives. Each one requires them to change the way they think, act, and ultimately lead so they can be successful in a world that never remains the same. To go forward, we need to move faster. And as leaders, we need to stay ahead, we need to see more than others, and we need to see before others.

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## PERSONALITY POWER

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### DISCOVER YOUR UNIQUE PROFILE--AND UNLOCK YOUR POTENTIAL FOR BREAKTHROUGH SUCCESS

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**AMACOM** A recent Conference Board survey found that a staggering 53 percent of workers are unhappy in their jobs. *Personality Power* reveals a better way to find professional satisfaction and experience breakthrough success than searching for a new position or, worse, jumping ship and landing in the growing pool of unemployment. Through helpful charts, relevant exercises, and inspiring success stories, you'll learn how to leverage your natural talents and attain the professional fulfillment and recognition you deserve. Shoya Zichy's Color Q model is a highly accurate professional assessment used by over fifty thousand professionals worldwide that partners an extensive understanding of and involvement with the Myers-Briggs Type Indicator with David Keirsey's Four Temperaments model. After completing the simple ten-minute assessment, you'll have the opportunity to read an in-depth chapter on your personality type, which will help you better understand your unique professional strengths and how to make the most of them. You'll also gain helpful insights on how to identify career blind spots, ideal and least-preferred work environments, how to communicate with and coach others, and how to create a career road map toward achieving your professional goals.

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## APPLES ARE SQUARE

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### THINKING DIFFERENTLY ABOUT LEADERSHIP: THE 6 CRITICAL VALUES THAT ARE CHANGING THE WAY WE LEAD AND SUCCEED

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**Book Ends** *Featuring a foreword by Deepak Chopra and interviews with dozens of leadership pioneers, this book provides a seven-step prescription for creating a compassionately competitive work culture. This groundbreaking strategy shows how collaborators, not controllers, dare to create success by reshaping the workplace in unexpected ways, with a focus on topics such as humility, compassion, inclusiveness, and values-based decisiveness. The interviewees include Craig Newmark, founder of Craigslist; Mary Ellen Weber, former NASA astronaut; and Chris Zorich, former NFL star.*

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## THE TRUTH IS FUNNY, SHIFT HAPPENS...

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**Lulu.com**

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## THE ANT AND THE ELEPHANT

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**Houghton Mifflin Harcourt** *Many creatures are helped when two animals refuse to conform to the laws of the jungle.*

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## READ TO LEAD

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### THE SIMPLE HABIT THAT EXPANDS YOUR INFLUENCE AND BOOSTS YOUR CAREER

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**Baker Books** *It's the common habit shared by many successful people throughout history. It's responsible for unlocking limitless creativity and influence. It's known to reduce stress, improve decision-making skills, and make you a better leader. What is it? Reading. And it's the single best thing you can do to improve yourself professionally. Reading more and better books creates opportunities for you to learn new skills, rise above your competition, and build a successful career. In Read to Lead you'll learn - why you need to read like your career depends on it - the five science-backed reasons reading will help you build your career - how to absorb a book into your bloodstream - a technique that can double (or triple!) your reading speed - tips on creating a lifetime reading habit - and more If you want to lead a more satisfied life, have more intelligent conversations, and broaden your mind, you need to read to lead!*

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## THE POINT AND THE LESSON

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### UNITING OUR WORLD, ONE LEADER AT A TIME

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*Effective leadership is a force multiplier. Finding your true self as a leader will help unlock your potential and deliver exponential results to your organization. Beginning with core fundamentals to include the definition of leadership, the 14 Traits of a Leader, and the 11 Leadership Principles, The Point and the Lesson gives you a strong foundation from which to further enhance your leadership skills and increase*

*your ability to influence others. Former military officer and corporate leader Antonio G. Ignacio II offers you an easy-to-follow path on the journey of leadership development and inspires even the most seasoned leaders to a lifetime of learning. Extracting lessons learned from his experiences in the U.S. military and the civilian sector, he uniquely connects those experiences to your own leadership quest. With a realistic and unapologetic look at leadership failures and successes, The Point and the Lesson challenges you to make a hard self-analysis of your travels to becoming a more effective leader and helping to unite our world, one leader at a time.*

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## **LEADERSHIP SOUL**

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### **21 SOULFUL LEADERSHIP LESSONS FROM MOTOWN HITS**

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**Emerge Publishing Group, LLC** *If you are tired of feeling flustered as team and performance situations continue to devolve, this book is exactly the remedy you need. This Leadership Soul book is unique - and it is special. It is both innovative by way of its thematic premise and engaging by way of its conceptual platform. By evoking the power of timeless Motown tunes, and pairing those tunes to many of the most frustrating challenges of leadership, the author has created an executive leadership course whose soundtrack is integral to the curriculum. The soulful soundtrack makes for a phenomenally lively musical backdrop. The musical references provide the emotional anchor to ensure these exceptional leadership lessons are adhesive and readily applicable. It's an Executive Leadership Development Course with a Built-In Soundtrack.*

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## **THE LEADER IN YOU**

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### **DISCOVERING YOUR UNEXPECTED PATH TO INFLUENCE**

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**InterVarsity Press** *Have you ever been thrust into a surprising place of leadership? Ebony S. Small is a young leader with a wealth of experience in both churches and organizations. With both practical and biblical wisdom, she invites you to discover your unique leadership gifts and see how every life experience can be used to help you lead from an authentic and healthy place.*

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## **YOU ALREADY KNOW HOW TO BE GREAT**

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### **A SIMPLE WAY TO REMOVE INTERFERENCE AND UNLOCK YOUR GREATEST POTENTIAL**

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**Penguin** *A bold new approach to performance by one of the top coaches in the country. In trying to improve-on the playing field, in the office, or even at home-most people seek out new information to get to the next level. They read a book, attend a class, or hire an expert to give them an edge. But Alan Fine, an accomplished tennis, golf, and executive coach and a renowned authority on peak performance, believes that this "outside-in" method is precisely what's holding you back from doing your best work. He's found the biggest obstacle to improved performance isn't not knowing what to do; it's not doing what you already know. Ironically, the quest for information and instructions designed to help you get ahead can often interfere with*

*your ability to focus on doing something. Fine reveals his simple and proven approach to achieving breakthrough performance. It starts with reducing the interference that blocks your potential through an amazing process called G.R.O.W. (Goal, Reality, Options, Way Forward). No matter who you are or what you do, You Already Know How to Be Great will help you eliminate what is standing in the way of your goals.*

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## **GET SMART!**

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### **HOW TO THINK AND ACT LIKE THE MOST SUCCESSFUL AND HIGHEST-PAID PEOPLE IN EVERY FIELD**

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**Penguin** *Discover the secrets for how to think and act like the most successful people in the world and reap the rewards! In today's constantly changing world, you have to be smart to get ahead. But the average person uses only about two percent of their mental ability. How can we learn to unleash our brain's full potential to maximize our opportunities, like the most successful people do? In Get Smart!, acclaimed success expert and bestselling author Brian Tracy reveals simple, proven ways to tap into our natural thinking talents and abilities and make quantum leaps toward achieving our dreams. In this indispensable guide, you'll learn to:*

- Train your brain to think in ways that create successful results*
- Recognize and exploit growth opportunities in any situation*
- Identify and eliminate negative patterns holding you back*
- Plan, act, and achieve goals with greater precision and speed*

*Whether you want to increase sales, bolster creativity, or better navigate life's unexpected changes, Get Smart! will help you tap into your powerful mental resources to obtain the results you want and reap the rewards successful people enjoy.*

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## **LEADERSHIP**

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**Brian Tracy Success Library** *Great leadership isn't a mystery, but a skill that can be learned. Throughout your life, you've always recognized "it" when you saw it--that indescribable, appealing quality that tells you loud and clear this person is a leader, someone you should trust, follow, and learn from. And you've always told yourself, if only you had that "it factor" inside you that could inspire, motivate, and lead others in the same way. Well, you do . . . and you can! Nobody--not even the greatest you have ever seen--comes into the world a natural leader. But somewhere along the way, these people who entered the world in the same you did transformed into the kind of magnetic individuals who inspire others to follow their lead. Success expert Brian Tracy has spent years studying the world's greatest leaders and believes that everyone has it inside them to: Inspire trust, confidence, and loyalty Instill a sense of meaning and purpose in your organization Tap into the motivation and enthusiasm that compels others to commit to your vision Clearly communicate goals and strategies and gain buy-in Build winning teams Elicit extraordinary performance from ordinary people Become the person seen as most likely to lead the organization to victory And more Don't fall for the lie that says some are born leaders and the rest of us are simply their followers. You are just as capable as anyone! Packed with practical, proven methods, Leadership, a indispensable little guide will help you*

unlock your leadership potential.

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## IT'S ALREADY INSIDE

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### NURTURING YOUR INNATE LEADERSHIP FOR BUSINESS AND LIFE SUCCESS

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**Morgan James Publishing** *A practical guide to unlocking your innate leadership skills—if you're in business “you should read this book!” (Jeffrey Hayzlett). Unleash the leader that you already are with this inspirational and innovative guide by executive strategy consultant and internationally-renowned speaker Robert Murray. With the help of this easy-to-use book, you will learn to discover and cultivate the talents you've always had, whether you want to be CEO of a large corporation, lead a sales team, inspire your staff, or just improve your own life. It's Already Inside can show you, in practical ways and with real-life examples, how to tap into your innate leadership skills to get the job done, encourage those around you, and bring fulfillment and purpose to your life. You will learn . . .*

- The difference between managing and leading
- How to focus on the solution, not the problem
- How to turn-around a business filled with bad attitudes
- How to stop wasting time in meetings

• And so much more! Packed with personal stories and real-life examples, *It's Already Inside* is “an engaging and humorous leadership book written by a true business veteran” and “a must-read for all emerging leaders” (Caroline de Voest, CEO, *Better Your Best Coaching*).

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## LEAD FROM THE OUTSIDE

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### HOW TO BUILD YOUR FUTURE AND MAKE REAL CHANGE

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**Henry Holt and Company** *Lead from the Outside is a necessary guide to harnessing the strengths of being an outsider by Stacey Abrams, one of the most prominent black female politicians in the U.S. Leadership is hard. Convincing others—and often yourself—that you possess the answers and are capable of world-affecting change requires confidence, insight, and sheer bravado. Stacey Abrams's Lead from the Outside is the handbook for outsiders, written with the awareness of the experiences and challenges that hinder anyone who exists beyond the structure of traditional white male power—women, people of color, members of the LGBTQ community, and millennials ready to make a difference. In Lead from the Outside, Stacey Abrams argues that knowing your own passion is the key to success, regardless of the scale or target. From launching a company, to starting a day care center for homeless teen moms, to running a successful political campaign, finding what you want to fight for is as critical as knowing how to turn thought into action. Stacey uses her experience and hard-won insights to break down how ambition, fear, money, and failure function in leadership, while offering personal stories that illuminate practical strategies. Stacey includes exercises to help you hone your skills and realize your aspirations. She discusses candidly what she has learned over the course of her impressive career: that differences in race, gender, and class are surmountable. With direction and dedication, being in the minority actually provides unique and vital strength, which we can employ to rise to the top and make real*

change.

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## **SPIRIT CLANS**

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### **NATIVE WISDOM FOR PERSONAL POWER AND GUIDANCE**

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**Hampton Roads Publishing** *For thousands of years, Native American tradition has taught that we all carry within us an ancient blessing, a spirit clan that connects us to the earth. Our spirit clan may be an animal, or a plant, a stone, or some special object that has taken on spiritual power. Your clan is a reservoir of powerful energy. It helps carry you through troubled times and protects you from danger. The wisdom of their teachings shows the way to true peace and prosperity and to live in harmony with all that is. In this book, you will learn how to discover your own spirit clan using dreams and visions as a guide and by contemplating the stories, traditions, and descriptions of the 75 clans gathered here. In-depth descriptions of the physical, psychological, and spiritual aspects of spirit clans and their modern-day manifestations lift these ancient teachings off the page and bring them to life.*

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## **THE HEART-LED LEADER**

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### **HOW LIVING AND LEADING FROM THE HEART WILL CHANGE YOUR ORGANIZATION AND YOUR LIFE**

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**Currency** *In his first book, It's Not Just Who You Know, former CEO of Up with People Tommy Spaulding talked about the power of building genuine and lasting relationships both personally and professionally. In his new book, Spaulding turns his focus to ourselves -- to who we are. Authentic leaders, Spaulding says, live and lead from the heart. The values and principles that guide our lives and shape our ability to lead others is far more important than our title, or our ability to crunch numbers, or the impressive degrees we display on our walls. To effect true transformational change, heart-led leaders draw on the qualities of humility, vulnerability, transparency, empathy and love. Illustrated with stories from his own life, and from some of the exceptional leaders he has met and worked with over the years, Spaulding unpacks what those qualities mean, talks about the 18-inch journey from the head to the heart -- from our intellect to our emotions -- and shows us how to incorporate them into our careers, into how we manage and lead others, and into how we live our lives.*

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## **LEADING ORGANIZATIONS**

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### **TEN TIMELESS TRUTHS**

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**Bloomsbury Publishing** *Every year, over 10,000 business books are published and that's before you add in the hundreds of thousands of articles, blogs, and video lectures that are produced. Leaders can't possibly hope to digest it all, and writers increasingly sensationalize and spin their ideas in order to be noticed. The result? Put quite simply, the field of management thinking is in danger of losing the plot. In this new book, Scott Keller and Mary Meaney-Senior Partners at McKinsey & Company, the world's preeminent management consultancy-cut to the chase by*

answering the 10 most important and timeless questions that every leader needs to answer in order to maximize the performance and health of their organization. What's more, the authors recognize that great leaders may not have time for long-winded business books. In *Leading Organizations*, answers are kept to the essentials—hard facts, counter-intuitive insights, and practical steps—all presented in an accessible and highly visual format. If there's one essential business book you should read—ever—it's this one.

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## THE WAY OF THE MYSTERIAL WOMAN

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### UPGRADING HOW YOU LIVE, LOVE, AND LEAD

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**She Writes Press** *The Way of the Mysterial Woman* is for every woman who feels the call into greatness, authenticity, and meaningful living. This is *The Way* for women who are stepping into their lives with mind, body, heart, and soul fully engaged, ready to awaken to their true potential. We hear the clarion call, but how will we meet it? It's almost like we need a completely new internal operating system. *The Mysterial Way* is the upgrade we've been searching for. Women's leadership development pioneers and co-authors Suzanne Anderson and Susan Cannon know that we're not alone in our yearning to meet this call. In fact, they assure us that this is a naturally occurring global imperative for women. *The Way of the Mysterial Woman* reveals a Feminine source code, helping us once and for all break through our old limitations, and effectively take our lives to the next level so we can meet the unique callings and urgent challenges of these dynamic times. This is not a passive book for armchair travelers. Drawing upon real life success stories, based on their 12 years of running University certificate women's leadership programs, readers are guided through a step-by-step, transformative "Mysterial Sequence." Each interactive chapter offers practical and fun insights and practices that compel us toward genuine shifts and solid growth. *The Way of the Mysterial Woman* is a blend of cutting edge transformational psychology, ancient Mystery school secrets, and visionary evolutionary thinking delivered in a warm, down-to-earth style. Here is the elegant code we've been searching for that finally unlocks our greatest potential.

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## THE SOUL OF LEADERSHIP

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### UNLOCKING YOUR POTENTIAL FOR GREATNESS

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**Harmony Leadership** is the most crucial choice one can make—it is the decision to step out of darkness into the light. Bestselling author and spiritual guide Deepak Chopra invites you to become the kind of leader most needed today: a leader with vision who can make that vision real. Chopra has been teaching leadership to CEOs and other top executives for eight years, and the path outlined in *The Soul of Leadership* applies to any business, but the same principles are relevant in every community and area of life, from family and home to school, place of worship, and neighborhood. "At the deepest level," Chopra writes, "a leader is the symbolic soul of a group." With clear, practical steps, you are led through the crucial skills outlined in the acronym L-E-A-D-E-R-S: L = Look and Listen E = Emotional Bonding A = Awareness D = Doing E = Empowerment R = Responsibility S = Synchronicity After

identifying your own soul profile and the core values you want to develop, you can use these seven skills to allow your potential for greatness to emerge. Only from the level of the soul, Chopra contends, are great leaders created. Once that connection is made, you have unlimited access to the most vital qualities a leader can possess: creativity, intelligence, organizing power, and love. *The Soul of Leadership* aims to fill the most critical void in contemporary life, the void of enlightened leaders. "You can be such a leader," Chopra promises. "The path is open to you. The only requirement is that you learn to listen to your inner guide." In this unique handbook you are shown how to do just that, in words as practical as they are uplifting. The future is unfolding at this very minute, and the choice to lead it lies with each of us, here and now.

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## **BELIEVE IT TO ACHIEVE IT**

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### **OVERCOME YOUR DOUBTS, LET GO OF THE PAST, AND UNLOCK YOUR FULL POTENTIAL**

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**Penguin** From the bestselling author of *Eat That Frog!*, a motivational guide to using the *Psychology of Achievement* to banish negative thoughts and behaviors and unlock your full potential for success. Letting go of negative thoughts is one of the most important steps to living a successful, fulfilling life, but also often the most difficult. In this practical, research-based guide, bestselling authors Brian Tracy and psychotherapist Christina Stein present their "Psychology of Achievement" program to help you identify and overcome detrimental patterns and ideas preventing you from achieving your goals or feeling happy and satisfied in your life. Whether this negativity stems from a past relationship that ended badly, a childhood trauma, a business or career failure, or general insecurity, Tracy and Stein help you recognize how conscious--and more oftentimes unconscious--negativity affects your personality, your outlook and your decisions. Along the way, they show you how to regain control of your thoughts, feelings, and actions, turn negatives into positives, and learn to accept unexpected life changes without falling back into old negative patterns. Essential reading for anyone feeling stuck, *BELIEVE IT TO ACHIEVE IT* offers an important roadmap to conquer negativity and embrace the power of positive thinking to live a happy, successful life.

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## **SOUL FOOD**

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### **CHANGE YOUR THINKING, CHANGE YOUR LIFE**

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**Createspace Independent Publishing Platform** Think about all the time that you spend taking care of your body: the organic food, the vitamin supplements, and - who can forget - the exercise! Do you focus the same amount of attention on your personal development? The fact is, your mindset matters more than you think. Your attitude, outlook, and self-confidence can have a significant impact on your health and relationships, as well as on your success and happiness. It's time to nurture your frame of mind, too. Ability determines if you can; attitude determines if you will. Frank Sonnenberg, one of America's "Top Thought Leaders" and influential small-business experts, reveals his best strategies for unleashing your full potential and

achieving success and happiness in life. This book contains over 60 powerful essays from FrankSonnenbergOnline - named among the "Best 21st Century Leadership Blogs"; among the "Top 100 Socially-Shared Leadership Blogs"; and one of the "Best Inspirational Blogs On the Planet." If you think the world is going to stand still because you're not interested or motivated enough to make an investment in yourself, you're sadly mistaken; unless you learn something new every day, you're becoming obsolete. Learning is as much an attitude as it is an activity. If you don't make the commitment, don't complain about the outcome. Buy this book and get started today! *Soul Food: Change Your Thinking, Change Your Life* by Frank Sonnenberg

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## **SUPER BRAIN**

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### **UNLEASHING THE EXPLOSIVE POWER OF YOUR MIND TO MAXIMIZE HEALTH, HAPPINESS, AND SPIRITUAL WELL-BEING**

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**Harmony** A manual for relating to the brain in a revolutionary new way, *Super Brain* shows you how to use your brain as a gateway for achieving health, happiness, and spiritual growth. The authors are two pioneers: bestselling author and physician Deepak Chopra and Harvard Medical School professor Rudolph E. Tanzi, one of the world's foremost experts on the causes of Alzheimer's. They have merged their wisdom and expertise for a bold new understanding of the "three-pound universe" and its untapped potential. In contrast to the "baseline brain" that fulfills the tasks of everyday life, Chopra and Tanzi propose that, through a person's increased self-awareness and conscious intention, the brain can be taught to reach far beyond its present limitations. "We are living in a golden age for brain research, but is this a golden age for your brain?" they ask. *Super Brain* explains how it can be, by combining cutting-edge research and spiritual insights, demolishing the five most widespread myths about the brain that limit your potential, and then showing you methods to: -Use your brain instead of letting it use you -Create the ideal lifestyle for a healthy brain -Reduce the risks of aging -Promote happiness and well-being through the mind-body connection -Access the enlightened brain, the gateway to freedom and bliss -Overcome the most common challenges, such as memory loss, depression, anxiety, and obesity Your brain is capable of incredible healing and constant reshaping. Through a new relationship with your brain you can transform your life. In *Super Brain*, Chopra and Tanzi guide you on a fascinating journey that envisions a leap in human evolution. The brain is not just the greatest gift that Nature has given us. It's the gateway to an unlimited future that you can begin to live today.

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## **MOHAMMED**

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### **THE MAN AND HIS FAITH**

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**Routledge** Originally published in 1936. This volume discusses the Islamic faith in the perspective of the ancient Arabian monotheism and its similarities with Christianity and Judaism. The similarities not only in dogma, but also in the ritual of Nestorian Christianity are discussed as well as an interpretation of Mohammed's

religious personality.

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## **A LEADER'S HEART**

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### **365-DAY DEVOTIONAL JOURNAL**

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**Thomas Nelson** *Leaders need encouragement too, and who better to send it than the leader of leaders! Applauded as one of the world's most popular leadership experts, John Maxwell brings many of his winning concepts and scriptural meditations into a daily devotional/journal format, designed specifically for leaders. Each devotional is delivered with John's trademark style of confidence and clarity, followed by space for writing personal reflection. Included are a host of relevant topics including success, stewardship, teamwork, and mentoring—all topics that ring true to every leader's heart.*

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## **THE REBEL'S APOTHECARY**

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### **A PRACTICAL GUIDE TO THE HEALING MAGIC OF CANNABIS, CBD, AND MUSHROOMS**

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**Penguin** *Learn how to improve your health and wellness with the healing magic of cannabis, CBD and medicinal mushrooms. When health coach and wellness blogger Jenny Sansouci learned that her father was diagnosed with stage 4 pancreatic cancer, her extensive knowledge of the latest alternative therapies was put to the test. Jenny dove into the world of cannabis and mushrooms and their medicinal properties - and she and her dad are now outspoken champions of the healing power of these plants and fungi - not only to tame the side effects of chemotherapy, but to address everyday wellness concerns. The Rebel's Apothecary is the result of her heartfelt and rigorous quest -- a science-based and supportive guide that will enhance the lives of anyone living with pain, anxiety, depression, a weakened immune system, insomnia, and more. Complete with background information, dosing instructions, and everyday recipes, this is the essential handbook for harnessing the ancient healing powers of cannabis and mushrooms --safely, without confusion, fear, or an unwanted high. In addition to debunking myths and de-stigmatizing these powerful healing plants and fungi, The Rebel's Apothecary presents:*

- Specific protocols and dosage guides for wellness uses (mood, sleep, immunity, focus, energy) and managing common chemotherapy side effects
- Everyday wellness routines
- Recipes for delicious, easy, health-enhancing cannabis and mushroom infused smoothies, coffee drinks, teas, elixirs, gummies, and broths - including recipes from chefs and wellness experts like Dr. Andrew Weil, Kris Carr, Seamus Mullen, Marco Canora and more
- The latest research on CBD, THC, medicinal mushrooms and psilocybin
- Tips for creating a cutting-edge home apothecary of your own

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## **RESTORING THE SOUL OF BUSINESS**

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### **STAYING HUMAN IN THE AGE OF DATA**

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**HarperCollins Leadership** *From old-fashioned bricks-and-mortars to cutting-edge*

*startups, businesses are moving into uncharted territory as they determine how to move from an analog past to a digital future effectively. How can you make sure not to leave human instinct behind? Businesses are leaving behind traditional meetings in favor of virtual ones, transitioning from surveys and studies to analytics and algorithms. The startling and often unacknowledged truth is that the promise of digital transformation can only be realized when we find a way to balance it with the promise of people. In the end, it's the people that matter, and companies must never forget the soul that drives them. In Restoring the Soul of Business, business leader Rishad Tobaccowala teaches you to: Understand how to unleash the significant benefit that can be realized by combining emotion and data, human and machine, analog and digital. Spot the warning signs of data-blinded companies: cold cultures with little human interaction, poor innovation stemming from discouraged employees who don't contribute ideas, and poor customer service due to automated, robotic processes. Explore how organizations of various sizes and from different industries have successfully reoriented their thinking on how to fuse technology and humanity. Gain skills to become an expert in connections critical to growth and success, including the connection between being creative and using technology. Everyone working in an organization will find penetrating observations and guidance about how and why establishing the proper balance between human intuition and creativity and data-driven insights can lead to increased revenue, profitability, retention—and even joy—in their careers and business. Restoring the Soul of Business provides practical tools and techniques that every organization can and should implement, and challenges you to move forward with the kind of balance that capitalizes transformation and produces one great success after another.*

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## **RISE UP FOR YOU**

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## **CLOSING THE GAP BETWEEN YOU AND YOUR POTENTIAL**

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*"The greatest tragedy is wasted human potential." In this inspiring and empowering book, Nada draws from both her personal life-changing experiences and professional experiences as a past international performer, executive, educator, and now entrepreneur to show how we can close the gap between ourselves and our untapped potential. Nada provides not only an engaging read throughout the book but strategy and applicable practices that we can all start to use instantly. It's a beautiful merge between story, strategy, and solutions! "I was instantly impressed with Nada's ability to connect with her audience with her caring nature and passionate personality. Nada's authenticity, drive, and focus on helping her clients look at the little details they might not see to find their purpose are Nada's wonderful gifts."*