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YOUR SOUL'S PLAN

DISCOVERING THE REAL MEANING OF THE LIFE YOU PLANNED BEFORE YOU WERE BORN

North Atlantic Books Would you like to understand the deeper spiritual meaning of physical illness, parenting handicapped children, drug addiction, alcoholism, the death of a loved one, accidents, deafness, and blindness? Your Soul's Plan (which was originally published under the title Courageous Souls: Do We Plan Our Life Challenges Before Birth?) explores the premise that we are all eternal souls who plan our lives, including our greatest challenges, before we are born for the purpose of spiritual growth. Through compelling profiles of people who knowingly planned the experiences mentioned above, Your Soul's Plan shows that suffering is not purposeless, but rather imbued with deep meaning. Working with four gifted mediums, author Robert Schwartz reveals the significance of each person's life plan and allows us a fascinating look into the "other side." Each personal story focuses on a specific life challenge, organized by type for easy reference. Accessible both to those familiar with the metaphysical aspects of spirituality and to the general reader, the moving narratives that comprise Your Soul's Plan help readers awaken to the reality that they are transcendent, eternal souls. With this stirring book as a guide, feelings of anger, resentment, guilt, and victimization are healed and transformed into acceptance, forgiveness, gratitude, and peace. Robert Schwartz is also the author of Your Soul's Gift: The Healing Power of the Life You Planned Before You Were Born, which explores the pre-birth planning of spiritual awakening, miscarriage, abortion, caregiving, abusive relationships, sexuality, incest, adoption, poverty, suicide, rape, and mental illness. There's also a chapter about the pre-birth planning we do with our future pets. Robert Schwartz is a hypnotherapist who offers general Spiritual Guidance Sessions, Past Life Soul Regressions, and Between Lives Soul Regressions. Visit Robert online at www.yoursoulsplan.com.

YOUR SOUL'S GIFT

THE HEALING POWER OF THE LIFE YOU PLANNED BEFORE YOU WERE BORN

Whispering Winds Press In his groundbreaking first book, Your Soul's Plan, Robert Schwartz brought the idea of pre-birth planning into the mainstream. Now, his brilliant sequel Your Soul's Gift delves even deeper by exploring the pre-birth planning of spiritual awakening, miscarriage and abortion, caregiving, abusive relationships, sexuality, incest, adoption, poverty, suicide, rape, and mental illness. Working with a team of gifted mediums, Schwartz brings forth great love and wisdom from the other side to explain why such experiences are planned and the deep, soul-level healing they can create. Through the stories in Your Soul's Gift you can: -Develop greater self-love as you become aware of the tremendous courage it takes for you to plan a life on Earth and to live the life you planned -Emerge from victim consciousness to know yourself as the powerful creator of your life -Forgive those who have hurt you and create a lasting inner peace -Understand the qualities you came into this lifetime to cultivate and express -See profound purpose in experiences that once appeared to be meaningless suffering -Develop a heartfelt knowing of your infinite worth, beauty, magnificence, and sacredness as an eternal soul.

COURAGEOUS SOULS

DO WE PLAN OUR LIFE CHALLENGES BEFORE BIRTH?

Courageous Souls "So often, when something "bad" happens, it may appear to be meaningless suffering. But what if your most difficult experiences are actually rich with hidden purpose--purpose that you yourself planned before you were born? Could it be that you chose your!

YOUR SOUL'S LOVE

LIVING THE LOVE YOU PLANNED BEFORE YOU WERE BORN

Whispering Winds Press In his groundbreaking first book, Your Soul's Plan: Discovering the Real Meaning of the Life You Planned Before You Were Born, Robert Schwartz (yoursoulsplan.com) brought the concept of pre-birth planning into the mainstream. In his second book, Your Soul's Gift: The Healing Power of the Life You Planned Before You Were Born, he dove even deeper by examining the pre-birth planning of other common life challenges. Now, in his third book, Your Soul's Love, he explores the pre-birth planning of challenges related to romantic relationships or their absence: infidelity; impotence; raising children alone after the death of one's partner; being single; and celibate relationships. Working again with several gifted mediums and channels, and this time incorporating the Between Lives Soul Regressions he does as a skilled hypnotist, Schwartz brings forth great wisdom and love from "the other side" to explain why we plan such experiences before we are born. Through the stories in Your Soul's Love you can: -Cultivate greater love and respect for both your partner and yourself -Empathize more deeply with your partner -Forgive your partner and yourself for any pain caused, thus healing your relationship -See how your romantic relationship fosters your and your partner's evolution -Replace resistance and suffering with abiding joy and peace

SOUL PLAN

RECONNECT WITH YOUR TRUE LIFE PURPOSE

Hay House, Inc Soul Plan is a new interpretation of an ancient system of life purpose analysis. It introduces a totally unique and fascinating method of numerology based on sound and intention and allows the reader access to a free online Soul Plan checking website. Available for the first time to a wider audience, this truly empowering method accesses the sound vibration in your birth name to determine your entire 'Soul Plan' and life path. Using an easy-to-follow method you will: • uncover your greatest strengths (career, creative, financial and spiritual talents) and align with your higher Soul Purpose • understand the past and reveal your best future potential • see clearly your greatest challenges and how these can be overcome • receive an energetic activation and practical tools to heal and align your purpose • align with your higher Soul Purpose • enjoy working out your own Soul Plan and the Plans of others (or use a FREE online programme to instantly chart them).

YOUR SOUL'S PLAN: DISCOVERING THE REAL MEANING OF THE LIFE YOU PLANNED BEFORE YOU WERE BORN

Each person before birth has a pre-arranged life? Is this right ? How can I get rid of these . The author emphasizes: each person is a gift of life, let's cherish ourselves, no matter how bumpy, difficult or unhappy life is, let's strongly accept it with positive energy. and love from my heart to those around me.

SOUL CONTRACTS

HOW THEY AFFECT YOUR LIFE AND YOUR RELATIONSHIPS - PAST LIFE THERAPY TO CHANGE YOUR PRESENT LIFE

iUniverse What are soul contracts and what roles do they play in our lives? How do you recognize your own soul contracts? Why is this knowledge so important for personal and spiritual growth? Can we communicate with deceased loved ones to help them, and learn from them? Includes: Self-help material for further exploring and healing contracts in your own life. Spiritual Post-Conception Birth Control and Past Life Techniques The Alchemy Institute is one of Americas foremost training programs in Past Life Regression. When my students study Past Life Regression, there are many texts we recommend. Soul Contracts is at the top of the list. Lindas compassion and her skill as a hypnotherapist show through in one inspiring story after another that proves the practical power of past life regression to transform lives. This book is filled with easy to read, fascinating true stories that open a window into a rich and extraordinary world of healing which lives inside of each of us. ~ David Quigley, founder and Director of the Alchemy Institute Dear Linda, I love what you have written as it is so personal and easy to read and most important for everyone to understand that much of what is happening in their lives has its root in their distant past of a previous incarnation. Reincarnation is a fact as we are eternal and we can free ourselves of a problem in the present when we resolve the past in the manner that Linda Baker is sharing with us. A must read for the spiritually sincere. Terry Cole-Whittaker author of What You Think of Me is None of My Business, Dare to Be Great and Live Your Bliss and many others Brings a broad new dimension to our understanding of healing and personal changeExcellent reading! Hal Zina Bennett,Ph.D. author of Spirit Circle and more than 25 books on personal growth I just finished your book Soul Contracts. I was deeply affected by this book. I had to buy it because I could not let it go. Soul Contracts rang more bells in my heart, head and body than any book Ive read this year! -J.B., Seattle, WA

DISCOVERING YOUR SOUL SIGNATURE

A 33-DAY PATH TO PURPOSE, PASSION & JOY

Random House An invitation to change the energy that surrounds you, find the harmony that comes with self-acceptance, and, in the process, discover your life's purpose and the boundless possibilities that await you. Your soul signature is your spiritual DNA—it is who you are at your core, the most authentic part of you, your singular contribution to this world. And yet we reject our authentic selves. We allow our soul signature to become blocked by any number of emotional obstacles that life throws in our path: anger, fear, guilt, shame, sadness, despair. Any or all of these feelings overtake us and

create a density, a heaviness that doesn't permit us to embrace who we truly are, deep inside. We are energetic beings, Panache Desai reminds us, and emotions are energy in motion. When we are blocked we feel unworthy, less than, unloved, incomplete. In *Discovering Your Soul Signature*, Panache invites us on a 33-day path of meditations—short passages to be read at morning, noon, and night that are designed to dismantle the emotional burden that holds us back and open us up to changing our lives. Through this distilled, poetic, practical, and inspiring course, he invites us to live a life of authenticity, to rediscover purpose and passion, and to believe from our soul in the possibility of all things.

JOURNEY OF SOULS

CASE STUDIES OF LIFE BETWEEN LIVES

Llewellyn Worldwide When reincarnating, do we have a short spell in a disembodied phase? Hypnosis reveals what goes on.

THE INSTRUCTION

LIVING THE LIFE YOUR SOUL INTENDED

Sounds True Have you ever sensed that your life has a deeper, more meaningful purpose, but you don't know what it is? If so, you're not alone. To help you and the millions like you, psychic Ainslie MacLeod's spirit guides have given him a systematic approach to uncovering who you really are—and the life your soul has planned for. They call it *The Instruction*. Now, for the first time, this unique teaching is offered as a step-by-step program for realizing personal fulfillment. *The Instruction* will take you through 10 doorways to unveil the life plan your soul created before you were even born, including: Your Soul Age—Determining how it shapes your beliefs and behaviors Your Soul Type—Are you a Hunter? Thinker? Creator? What your Soul Type reveals about your true self Your Powers—Connecting fully and permanently with your spirit guides to create your destiny Your Talents—Using your past lives to enhance the present By taking you on a journey beyond this plane, Ainslie MacLeod uses a groundbreaking system to help you unlock the secrets of your soul's purpose, and illuminate the path of your life with *The Instruction*.

MEET YOUR SOUL

A POWERFUL GUIDE TO CONNECT WITH YOUR MOST SACRED SELF

Hay House, Inc In this groundbreaking book, therapist and intuitive Elisa Romeo, takes Soul beyond an intellectual concept and into a direct and personal relationship. Pulling from depth psychology, years of practical experience, and touching stories from clients, Elisa brings substance and gravitas—and some levity—to the topic of how to live a Soulful life. This comprehensive, straightforward program contains effective meditations, visualizations, and inquiries to support you on the often messy, winding, and yet amusing path of discovering your Soul in modern times. *Meet Your Soul* not only tells you how to access your Soul connection but also preps you for some of the common obstacles you're likely to encounter on your journey. With her kind and informed direction, you'll learn to:

- Understand the crucial distinction between ego, Spirit, and Soul
- Create and cultivate a strong spiritual practice
- Distinguish your Soul Truth from the beliefs of family, friends, and society
- Clearly access the voice of your Soul
- Gain awareness of the key Soul contracts in your life and discover your Divine purpose

This book helps you meet the oldest, wisest, and most loving part of yourself—the part that gives meaning and purpose to your life. Elisa shows that each of us has the capacity to hear this personal, unique guidance directly. You needn't look outside yourself to a guru, program, or system; rather you can simply look within.

THE LITTLE SOUL AND THE SUN

Hampton Roads Publishing *The Little Soul and the Sun* is a simple and powerful story that brings children a very profound truth: there is not absolute good or bad—that underneath all that happens in the world, all that we call "good" and all that we call "bad," is love. Your child will discover a God that she or he can love, because God is love, as are all the Little Souls who are a part of God. And perhaps parents, too, will rediscover who they really are.

ANTHEM

POPULAR BOOKS BY AYN RAND : ALL TIMES BESTSELLER DEMANDING BOOKS

BEYOND BOOKS HUB Hailed by *The New York Times* as "a compelling dystopian look at paranoia from one of the most unique and perceptive writers of our time," this brief, captivating novel offers a cautionary tale. The story unfolds within a society in which all traces of individualism have been eliminated from every aspect of life — use of the word "I" is a capital offense. The hero, a rebel who discovers that man's greatest moral duty is the pursuit of his own happiness, embodies the values the author embraced in her personal philosophy of objectivism: reason, ethics, volition, and individualism. *Anthem* anticipates the themes Ayn Rand explored in her later masterpieces, *The Fountainhead* and *Atlas Shrugged*. *Publisher's Weekly* acclaimed it as "a diamond in the rough, often dwarfed by the superstar company it keeps with the author's more popular work, but every bit as gripping, daring, and powerful." *Anthem* is a dystopian fiction novella by Ayn Rand, written in 1937 and first published in 1938 in England. It takes place at some unspecified future date when mankind has entered another dark age characterized by irrationality, collectivism, and socialistic thinking and economics. Technological advancement is now carefully planned (when it is allowed to occur at all) and the concept of individuality has been eliminated.

DISCOVER YOUR SOUL MISSION

CALLING ON ANGELS TO MANIFEST YOUR LIFE PURPOSE

Simon and Schuster

- Shares practices to bring you back in touch with the energy of your inner child, reconnect your soul with its mission, explore your soul contracts, and call on the Angels to support you
- Details ways of connecting with your Soul Mission and offers guidance for aligning through each method
- Includes a fun exercise to establish a 12-month Soul Mission Manifestation Plan and set things in motion

When our human daily life and our Soul Mission are not in alignment, life can lose its shine and magic, impacting us on all levels of being: energetic, physical, mental, and emotional. In the extreme, this can even result in sickness, sadness, depression, or burnout. Yet there are Angels all around, here to help us find our way back "home" and rediscover our Soul Mission life purpose. In *Discover Your Soul Mission*, Kathryn Hudson offers exercises to remember your connection to Source and understand why you were born and what you are meant to experience on Earth, with the aid of the angelic realm. With practices to bring you back in touch with the energy of the child within, the book helps you to rediscover that sweet spot that made your heart sing when you were young, when you were still connected to your soul and its mission. The author explores the soul contracts we have with our family and the people we encounter throughout life as well as how these contracts impact your alignment with your Soul Mission. She also reveals how, once you have realigned with your Soul Mission, many divine tools of manifestation open to you, including on the human level of direct actions, the energetic or soul level (words/thoughts/emotions), and the angelic level (divine help and spiritual gifts). Once connected with your angelic mentors and realigned with your Soul Mission, you will be guided to establish a 12-month Soul Mission Manifestation Plan, aligned with your life purpose, supported by the Angels, and working through the chakra system. The author also includes a special exercise for the heart chakra (your inner GPS). Taking you from simple questions and requests to direct experience and actual co-creation with the angelic realm, *Discover Your Soul Mission* reveals how to team up with your friends in high places to open your heart wide and live your highest and best version of life.

YOUR SOUL CONTRACT DECODED

DISCOVERING THE SPIRITUAL MAP OF YOUR LIFE WITH NUMEROLOGY

Watkins Media Limited Harness the guiding powers of numerology to better understand yourself, and your life, more fully—from your purpose and goals to your talents and karmic patterns Spiritual seekers are feeling an increasingly strong urge from within to connect with and manifest their life purpose. They are seeking out tools and knowledge to awaken to this purpose and are doing whatever it takes to achieve this. A soul contract reading is an accurate, in depth, channeled system of spiritual interpretation that will empower you by decoding the secrets of the blueprint of your life hidden within your birth name. It is based on an ancient system of numerology that uses Hebrew glyphs, revealing the true essence of the reader's life purpose as well as their karma, talents, and goals. This will show you the karmic patterns you face, the talents you can use to overcome them, the goals you are trying to achieve, and your soul destiny. This book will enable you to discover why you are in the perfect place in your life—and will empower you to move forward from there. *Your Soul Contract* will place your entire life in context, enabling you to navigate your life properly for the first time.

THE PATH MADE CLEAR

DISCOVERING YOUR LIFE'S DIRECTION AND PURPOSE

Flatiron Books Everyone has a purpose. And, according to Oprah Winfrey, "Your real job in life is to figure out as soon as possible what that is, who you are meant to be, and begin to honor your calling in the best way possible." That journey starts right here. In her latest book, *The Path Made Clear*, Oprah shares what she sees as a guide for activating your deepest vision of yourself, offering the framework for creating not just a life of success, but one of significance. The book's ten chapters are organized to help you recognize the important milestones along the road to self-discovery, laying out what you really need in order to achieve personal contentment, and what life's detours are there to teach us. Oprah opens each chapter by sharing her own key lessons and the personal stories that helped set the course for her best life. She then brings together wisdom and insights from luminaries in a wide array of fields, inspiring readers to consider what they're meant to do in the world and how to pursue it with passion and focus. Renowned figures such as Eckhart Tolle, Brene Brown, Lin-Manuel Miranda, Elizabeth Gilbert, Jay-Z, and Ellen DeGeneres share the greatest lessons from their own journeys toward a life filled with purpose. Paired with over 100 awe-inspiring photographs to help illuminate the wisdom of these messages, *The Path Made Clear* provides readers with a beautiful resource for achieving a life lived in service of your calling – whatever it may be.

HOW TO READ THE AKASHIC RECORDS

ACCESSING THE ARCHIVE OF THE SOUL AND ITS JOURNEY

Sounds True For thousands of years, mystics, masters, and sages from various world traditions have read the Akashic Records—a dynamic repository that holds information about every soul and its journey. Once reserved for a "spiritually gifted" few, this infinite source of wisdom and healing energy is now available for readers everywhere to answer questions big and small. How can I find freedom from my past? What are my life purposes? With *How to Read the Akashic Records*, healer and teacher Linda Howe offers the first book of its kind to help navigate these timeless "Records of the Soul."

Drawing from more than 15 years' experience with the Akashic Records, Howe teaches us: The Pathway Prayer Process—a "password" for admittance into the Records How to work with your "MTLOs"—your Masters, Teachers, and Loved Ones—for assistance within the Records Insightful tips to glean the most critical information, whether you're reading for yourself, other individuals, or even your pet "The time has come for us to be our own spiritual authorities and access this illuminating, rich source directly," explains Howe. With How to Read the Akashic Records, anyone who desires to read the Records now has immediate access to this valuable life resource. "The Akashic Records contain everything that every soul has ever thought, said, and done over the course of its existence—as well as all its future possibilities. This valuable information can help you with any aspect of your life journey. And because the Records are also a dimension of consciousness, they are available anytime and everywhere."? —Linda Howe The universe is alive—and it has a memory just like you. Known as the Akashic Records, this energetic archive of soul information stands ready to lovingly guide you. Once accessible to rare spiritual masters, now the Records are available to anyone—anytime, anywhere. After a lifelong search for truth, master teacher and healer Linda Howe has developed an infallible method for accessing this reservoir of information: the Pathway Prayer Process. By lifting you to a divine level of consciousness, this sacred prayer opens the doors of the Records, where your "soul blueprint"—everything you need to know about your soul's destiny—awaits you. There you will work with your Masters, Teachers, and Loved Ones to cultivate a rich relationship with the Records and ultimately learn to unleash your highest potential. Grounded with the success stories of dozens whose lives have been touched by the Records, this comprehensive guidebook will help you confidently read the Records for yourself—or another—and find inspiration for your own spiritual path. "Accessing the Akashic Records provides an opportunity to align with your soul and develop your own spiritual authority," teaches Linda Howe. Now with How to Read the Akashic Records you can learn to connect with this divine source for infinite joy, inner peace, and fulfillment. Linda Howe is the founder and director of The Center for Akashic Studies, an organization dedicated to promoting the study of Akashic Records and other applicable spiritual wisdom. Active in healing arts for more than 20 years, Linda was moved and inspired by the power of the Records within herself and her clients. She began teaching this practice to students in 1996 and, today, she has successfully taught thousands of students to accurately read the Akashic Records.

SOPHIE'S WORLD

A NOVEL ABOUT THE HISTORY OF PHILOSOPHY

Farrar, Straus and Giroux One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy.

THE TEXTURE OF MEMORY

HOLOCAUST MEMORIALS AND MEANING

Yale University Press Dotyczy m. in. Polski.

THE LAST LECTURE

Hachette Books "We cannot change the cards we are dealt, just how we play the hand."---Randy Pausch A lot of professors give talks titled "The Last Lecture." Professors are asked to consider their demise and to ruminate on what matters most to them. And while they speak, audiences can't help but mull the same question: What wisdom would we impart to the world if we knew it was our last chance? If we had to vanish tomorrow, what would we want as our legacy? When Randy Pausch, a computer science professor at Carnegie Mellon, was asked to give such a lecture, he didn't have to imagine it as his last, since he had recently been diagnosed with terminal cancer. But the lecture he gave—"Really Achieving Your Childhood Dreams"—wasn't about dying. It was about the importance of overcoming obstacles, of enabling the dreams of others, of seizing every moment (because "time is all you have...and you may find one day that you have less than you think"). It was a summation of everything Randy had come to believe. It was about living. In this book, Randy Pausch has combined the humor, inspiration and intelligence that made his lecture such a phenomenon and given it an indelible form. It is a book that will be shared for generations to come.

WHY ARE WE HERE?

REFLECTIONS ON LIFE FROM A SPIRITUAL MEDIUM

In *Why Are We Here, Reflections on Life from a Spiritual Medium*, Daniel covers a variety of topics from mediumship, to religion, to helping the reader discover their life's purpose. Daniel is a Certified Spiritual Medium and Reiki Master who was raised Catholic and is a saved Christian. This book offer the reader an in depth look at life and why we as human beings are here on this Earth. In 18 compact chapters, Daniel offers the reader an opportunity to rediscover who they truly are and aims to open the readers mind as to how they look at life. Daniel relays much of the information that Spirit has shared with him over the years. He describes how mediumship works and there are even some testimonials from some people who have had readings with Daniel. Daniel covers a wide range of topics including reincarnation, the law of attraction and soul planning. Daniel covers intuition, forgiveness and shares some personal stories that will give the reader many goosebumps.

THE MAN WHO MISTOOK HIS WIFE FOR A HAT

AND OTHER CLINICAL TALES

Vintage In his most extraordinary book, the bestselling author of *Awakenings* and "poet laureate of medicine" (The New York Times) recounts the case histories of patients inhabiting the compelling world of neurological disorders, from those who are no longer able to recognize common objects to those who gain extraordinary new skills. Featuring a new preface, Oliver Sacks's *The Man Who Mistook His Wife for a Hat* tells the stories of individuals afflicted with perceptual and intellectual disorders: patients who have lost their memories and with them the greater part of their pasts; who are no longer able to recognize people and common objects; whose limbs seem alien to them; who lack some skills yet are gifted with uncanny artistic or mathematical talents. In Dr. Sacks's splendid and sympathetic telling, his patients are deeply human and his tales are studies of struggles against incredible adversity. A great healer, Sacks never loses sight of medicine's ultimate responsibility: "the suffering, afflicted, fighting human subject."

SOUL CONTRACTS

FIND HARMONY AND UNLOCK YOUR BRILLIANCE

Simon and Schuster Stop worrying and start living. This entirely new approach to life helps you recognize and release hidden barriers in your soul that are blocking the way to true happiness and success. How many times have you wondered why, no matter how hard you try, you just can't keep a relationship? Can't stay healthy? Can't make enough money? Can't find happiness? Have you ever stopped to think—perhaps there is some other force at work? In *Soul Contracts*, intuitive coach and consultant Danielle MacKinnon helps you recognize and release the energetic barriers lodged deep in your soul, called soul contracts. Born out of despair, fear, pain, or anger, a soul contract is an unconscious promise that you've made with yourself in the past that is now hindering your ability to move forward in life. Through a five-step process, you can identify, master, and release these hidden blocks, and thus unlock your greatest potential. Don't let anything stand in the way of living the life you deserve. *Soul Contracts* can help you eliminate these barriers and start living a brilliant, happy, and prosperous life.

THE GENE KEYS

EMBRACING YOUR HIGHER PURPOSE

Watkins Media Limited The book begins by introducing the reader to a fantastic possibility - that humanity may be on the verge of a major shift in consciousness rooted in a new understanding of how our DNA operates - namely that it is programmed directly by the way we think and feel. This is a highly ambitious and sophisticated system for shaping one's destiny. Based around 64 archetypes, it resembles the I Ching in its vast scope and profound importance, and in the resonant character of its symbolism. The author shows how there are two ways to approach the Gene Keys - the analogue (holistic) way and the digital (detailed) way. It is the combining of both analogue and digital that results in contemplation - the primary pathway into the Gene Keys. Since our beliefs shape our genes, when we change our beliefs, we change the chemistry of our body. The Gene Keys are an inner language whose central purpose is to transform our core beliefs about ourselves, thus raising our lives onto a new level of awareness. The book works alongside state-of-the-art online profiling software. This software will provide instantaneous free profiles known as 'Hologenetic Profiles', which uses astrological data (time, date and place of birth) to generate a unique sequence of Gene Keys that relate to many aspects of your life, including the underlying genetic patterns governing your relationships, your finances, your health and your life purpose. As the reader contemplates the 64 Gene Keys over time and applies their insights in his or her own life, so one's belief system will begin to change and our DNA will actually start to transform the way we think and feel.

WISDOM OF SOULS

CASE STUDIES OF LIFE BETWEEN LIVES FROM THE MICHAEL NEWTON INSTITUTE

Llewellyn Worldwide Receive knowledge and wisdom that will lighten your load and encourage you to connect to your own inner wisdom. Following in the footsteps of Dr. Michael Newton's bestselling books *Journey of Souls* and *Destiny of Souls*, this book shares awe-inspiring stories of healing and wisdom experienced by real people just like you. Within these pages, you'll discover what it's like to make an astral journey to the realm of spirit, where guides and higher beings of love and light await to provide instruction and warm encouragement. No matter what kinds of issues you're struggling with in your life, you will be able to relate to the powerful wisdom that is shared in these case studies. Compiled by members of the Newton Institute for Life Between Lives Hypnotherapy, these fascinating case studies provide profound spiritual insights and lessons that will help you work through and release past traumas that may be influencing your current life. The stories focus specifically on some of the most common challenges faced by people in the modern world, including: Facing a Health Crisis Anxiety and Depression Healing from Loss Navigating Romantic Relationships Moving from Self Sabotage to Strength Growing Through Family Conflict Nurturing Relationships Balancing Career and Finances Transforming from a Brush with Death Aging and Dying

TRUTH FOR LIFE

365 DAILY DEVOTIONS

The Good Book Company A year of gospel-saturated daily devotions from renowned Bible teacher Alistair Begg. Start with the gospel each and every day with this one-year devotional by renowned Bible teacher Alistair Begg. We all need to be reminded of the truth that anchors our life and excites and equips us to live for Christ. Reflecting on a short passage each day, Alistair spans the Scriptures to show us the greatness and grace of God, and to thrill our hearts to live as His children. His clear, faithful exposition and thoughtful application mean that this resource will both engage your mind and stir your heart. Each day includes prompts to apply what you've read, a related Bible text to enjoy, and a plan for reading through the whole of the Scriptures in a year. The hardback cover and ribbon marker make this a wonderful gift.

THE POWER OF HABIT: BY CHARLES DUHIGG | SUMMARY & ANALYSIS

Elite Summaries Detailed summary and analysis of The Power of Habit.

SOUL LESSONS AND SOUL PURPOSE

A CHanneled GUIDE TO WHY YOU ARE HERE

ReadHowYouWant.com Soul Lessons and Soul Purpose is a book channeled by Sonia Choquette's spirit teacher guides, The Three Bishops, as well as Joachim and the Emissaries of the Third Ray. These highly evolved and loving guides work specifically to bring about understanding, direction, and support to all souls so that we may learn to become the creative masters of the life that we're intended to have on Earth. The guides state that Earth is "soul school," and that we're here to master 22 basic soul lessons in order to fulfill our purpose. Each lesson is laid out in such a way that anyone - on any level - will be ready to follow the instructions. The guides make it very clear in this book that the timing to learn our soul lessons, open our hearts, and raise our vibration on the Earth plane is now. Negative occurrences will worsen if our energy doesn't shift and elevate to a more loving plane. We have no time to waste!

MEMORIES OF THE AFTERLIFE

LIFE BETWEEN LIVES STORIES OF PERSONAL TRANSFORMATION

Llewellyn Worldwide Dr. Michael Newton, best-selling author of Journey of Souls and Destiny of Souls, returns with a series of case studies that highlight the profound impact of spiritual regression on people's everyday lives. Edited by Dr. Newton, these fascinating true accounts from around the world are handpicked and presented by Life Between Lives hypnotherapists certified by the Newton Institute. After recalling memories of their afterlife, the people in these studies embarked on life-changing spiritual journeys—reuniting with soul mates and spirit guides, and discovering the ramifications of life and body choices, love relationships, and dreams by communing with their immortal souls. As gems of self-knowledge are revealed, dramatic epiphanies result, enabling these ordinary people to understand adversity in their lives, find emotional healing, realize their true purpose, and forever enrich their lives with new meaning.

HEART OF THE SOUL

EMOTIONAL AWARENESS

Simon and Schuster In THE SEAT OF THE SOUL, Gary Zukav brilliantly set forth his concepts, explaining how the expansion of human perception beyond the five senses leads to a new understanding of 'authentic power'. Then, in SOUL STORIES, he revealed how such concepts as intuition, harmony, sharing and forgiveness actually express themselves in other people's lives. And now, in THE HEART OF THE SOUL, Zukav, together with his coauthor and spiritual partner, Linda Francis, takes the next important step in showing us how to actually apply these crucial concepts in our daily lives. Zukav reveals how true emotional awareness can transform the human experience. Although it is challenging and difficult, because it means becoming aware of suppressed pain, it is also enormously rewarding. But first the determination to explore every aspect of consciousness, and to cultivate those that contribute the most to life, must replace the desire to bury painful emotions. Ultimately emotional awareness can free us from the compulsions, fixations, obsessions and addictions that block our spiritual development - among them anger, workaholism, perfectionism, obsessive eating, alcohol, drugs, sex - and allow us to live a fulfilling and meaningful life. THE HEART OF THE SOUL will be a revelation for readers - a soul tool with which we can forge a greater emotional awareness to enable us to use our emotions in the creation of authentic power. It is a book to read not once, but several times, for it is a life-changing work that can transform our lives for the better.

MAN'S SEARCH FOR MEANING

THE CLASSIC TRIBUTE TO HOPE FROM THE HOLOCAUST

Random House Over 16 million copies sold worldwide 'Every human being should read this book' Simon Sinek One of the outstanding classics to emerge from the Holocaust, Man's Search for Meaning is Viktor Frankl's story of his struggle for survival in Auschwitz and other Nazi concentration camps. Today, this remarkable tribute to hope offers us an avenue to finding greater meaning and purpose in our own lives.

ANSWERS ABOUT THE AFTERLIFE

A PRIVATE INVESTIGATOR'S 15-YEAR RESEARCH UNLOCKS THE MYSTERIES OF LIFE AFTER DEATH

Createspace Independent Pub Olson is a former skeptic who began investigating evidence of life after death after the passing of his father. This book is a comprehensive resource answering the most crucial questions about what happens when we die. He considers near-death experiences, after-death communications, spirit contact through mediums, past lives, past-life memories, out-of-body experiences, dream visitations, and much more.

FIND YOUR SOUL'S PURPOSE

DISCOVER WHO YOU ARE, REMEMBER WHY YOU ARE HERE, LIVE A LIFE YOU LOVE

Mango Media Inc. Discover your divine purpose and live the life you were meant to live with this inspirational and deeply spiritual guide. Who am I? Why am I here? What is my purpose? These are questions we have all asked ourselves at some point in our lives. Though we know ourselves best, it can be difficult to separate who we are from who we want to be or how others see us. We present so many different versions of ourselves to the world that our true identity can get lost in the process. Maybe you've been on a steady path for a while, and you're only now beginning to question if you've been heading in the right direction. Maybe you've wandered all your life with no direction at all. Either way, writer and spiritual guide Janet Conner offers the tools to reconnect with ourselves and the divine purpose affixed to our souls. Read Find Your Soul's Purpose and discover: An inspirational and spiritual book with a soul-community creator as your guide Renewal of meaning in your day-to-day life A journey to finding yourself and your divine purpose

THE ANSWER IS SIMPLE

LOVE YOURSELF, LIVE YOUR SPIRIT!

Hay House, Inc Having observed thousands and thousands of people from virtually every walk of life, with every advantage or disadvantage, Sonia Choquette can confidently say that the only ones who genuinely succeed, who find peace and joy in their hearts and take great pleasure in their experiences, have a different way of going about things. Rather than relying solely on their egos—their defended, insecure personalities—suffering the assaults life renders them, they turn to a higher aspect of their nature, the Spirit within, and let this direct their lives. The ten simple yet necessary steps outlined in this book will allow you to make that connection to your authentic Spirit and experience your truth. As Sonia says, "These aren't just metaphysical theories, but are tried-and-true, grounded practices that will lead you directly back to you: the best, holiest, most delightful and delighted you, free of fear and filled with light." The most exciting part is that learning to love yourself and live your Spirit is actually quite simple when you realize the truth revealed herein: that you are not the ego, but rather are Divine, Holy Spirit. Once you do, everything will come alive in light and joy. Love yourself and live your Spirit, and your life flows peacefully. It really is that simple

TRANSFORMING FATE INTO DESTINY

Hay House, Inc In this penetrating book, renowned intuitive, speaker, and teacher Robert Ohotto guides us on an investigation of the Heroic Journey of the Soul. Exploring three modern-day manifestations of Fate, he shows how psychic energy from family patterns, cultural influences, generational legacy, and global evolution inform our self-concept every day, and how they often block our highest potential and "Fate" us to challenging circumstances and relationships. But, he reveals, these Fated encounters are actually the keys to our un-lived life. Each chapter maps our psyche and unravels the mysterious connections of Fate, Free Will, and Destiny, transforming our Fate into Destiny and our limitations into gifts. Through this seminal work based on years of experience, discover how we've made two fundamental agreements with the Universe as part of our Heroic Journey—one with Fate and the other with Destiny. As we learn to dance with these two forces, they become two voices challenging and beckoning us to discover our ultimate purpose—the primary task of the modern-day Hero and Heroine: and in the process, serve to unleash the power of our Soul in delivering grace to the world.

MY SOUL'S PURPOSE

MISSIONS, LESSONS AND PAST LIVES THROUGH HYPNOTIC REGRESSION

DISCOVERING THE MIRACLE OF THE SCARLET THREAD IN EVERY BOOK OF THE BIBLE

A SIMPLE PLAN FOR UNDERSTANDING THE BIBLE

Destiny Image Pub Yes you can understand the Bible! Discovering the Miracle of the Scarlet Thread in Every Book of the Bible takes the mystery and confusion out of the Bible and makes God's Word come alive with new insights and a fresh excitement that will have you searching for more. Dr. Richard Booker unveils the mysteries and secrets of the Bible by explaining its master theme, and then reveals a simple plan so you can discover God's personal revelation for yourself.

THE LIFE YOU WERE BORN TO LIVE

A GUIDE TO FINDING YOUR LIFE PURPOSE

H J Kramer This extensively updated edition of a crucial New Age classic will appeal to previous and new readers alike

POWER OF THE SOUL

INSIDE WISDOM FOR AN OUTSIDE WORLD

ReadHowYouWant.com This fascinating book provides some of the tools to help you to tap in to one of the most powerful forces in the Universe - your soul! Step by step, it will guide you to follow your true soul's path and help you reconnect with your natural spiritual abilities. You'll develop a conscious awareness of the spiritual laws that help mold your life, and the individual soul force that's in each and every one of you. Power of the Soul will help dismantle some of the barriers created by your outer-self, to unveil your true inner-self and enable you to break free from some of the psychological restrictions that have prevented you from identifying and realizing your full potential. The material within these pages will help you overcome those feelings of being trapped, constrained, or unfulfilled and show you how to lead a soul-enriched and authentic life that aligns with your aspirations. Throughout the book, psychic medium John Holland leads you through a number of practical techniques and goal-setting exercises that he's taught in his signature workshops, which will empower you to awaken the power of your spirit and your soul . . . and lead a life of unlimited potential. Within these pages, you'll learn how to: Discover and access your spiritual faculties; Open yourself to a guiding higher-consciousness; Remove psychological and spiritual blocks; Find your true self, as you understand the purpose, nature and function of the soul; Create and control your own path; Use spiritual energy to heal yourself and others; Enhance your body, mind, and soul to live a life of harmony. This transformational book is more than just a guide . . . it's a way back to living from the inside out. It will help you (no matter what your walk of life) follow your own spiritual journey. John says, "Once your spiritual gifts are recognized, opened, and used, you'll see yourself and the world in a way you never thought possible!"

THE LIGHT BETWEEN US

STORIES FROM HEAVEN. LESSONS FOR THE LIVING.

Spiegel & Grau The astonishing story of a woman with an extraordinary psychic gift and a powerful message from the Other Side that can help us to live more beautifully in the here and now.
